

MOON EDITION

Allegheny West Magazine

Volume 9, No. 49
November/December 2013

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**Annual
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Holiday
Gift Guide**

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to Violence**

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**Apple's "Woz"
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- 5.** Plant in the fall when conditions are cooler and rainfall is more plentiful.
- 6.** Water your lawn or garden in the morning or evening when temperatures are cooler to minimize evaporation.
- 7.** Wash your fruit or vegetables in a pan of water instead of running water from the tap.
- 8.** If your shower fills a one-gallon bucket in less than 20 seconds, replace the shower head with a more efficient model.
- 9.** Collect the water you use for rinsing fruits and vegetables, then reuse it to water houseplants.
- 10.** If water runs off your lawn easily, split your watering time into shorter periods to allow for better absorption.

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Allegheny West Magazine - West Allegheny Edition, is an all positive, good news publication mailed free into the homes and businesses of the Moon Area School District communities of Moon and Crescent to connect communities, promote people, heighten awareness about the richness of the airport region, and build pride in the western suburbs of Allegheny County.

Moon Edition

VOL. 9, ISSUE 49 NOVEMBER/DECEMBER 2013



ABOVE: High school students at Parkway West Career and Technology Center can now enroll in the new Veterinary Technician program. This three-year program prepares students for immediate post-high school employment. Read more on page 39. PHOTO SUBMITTED

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SPECIAL SECTIONS

ABOUT THE COVER

Clinton area resident Eric Greenslate captured this photo during a walk in Raccoon Creek State Park last month.

Did You Know?

Crescent Township was named from the bend of the Ohio River upon which it is located. It was called Shousetown from its founder, Peter Shouse.

MORE INFO

Allegheny West Magazine-Moon Edition is published in January, March, May, July, September, and November, six issues a year, by Jennette Communications Group, 15 Walnut Street, Suite 101, Imperial PA 15126. Mailed and distributed free to residents and businesses in Moon and Crescent townships. Extra copies available at municipal offices, schools, libraries, stores, advertisers, hotels, and businesses. Available by mail subscription for \$12 annually. Story ideas welcomed. Community events and announcements from non-profit groups must be received by the 15th of the month prior to publishing date. Announcements are limited to 30 words and must include a contact phone number. Reproduction of any artwork, photographs, or copy prepared by Allegheny West Magazine is strictly prohibited without written consent of Jennette Communications Group. Copyright 1999-2013 Allegheny West Magazine. All rights reserved. Views and opinions expressed by contributors and/or advertisers are the responsibility of the contributors and not those of the publisher of Allegheny West Magazine.

From the PUBLISHER



"The weather outside is frightful...."

Yes, we are seeing the early stages of winter here in our neighborhood. The cold, the wind, the snow, and the ice are reminders, for many, of the hazards and discomfort of this cold weather season.

While I, for one, enjoy my annual countdown to spring once the first day of winter is official, I also know that many others out there appreciate and relish the opportunity to ski, sled-ride, ice skate, and make a good old-fashioned snowman.

Whether it's the cold winter weather or the hope of an early spring, we need to appreciate what we have. During this season of gratitude, as the Thanksgiving holiday kicks off this special time of the year, let's be sure we help others who do not have it as fortunate. While our weather outside might be frightful, the devastation in the Philippines from the tsunami reminds us, once again, of how fortunate we are to have what we have. You can help those in the Philippines, where the weather is truly frightful, by making a simple \$10 or more donation to the American Red Cross. Simply text the word "redcross" to the number, 90999, and your cell phone carrier will automatically add a \$10 donation to your bill.

Enjoy the holidays!

Pat Jennette - Publisher/Editor

From the ASST. EDITOR

As this year comes to an end, we here at *Allegheny West Magazine* would like to express our appreciation for your continued support and readership of this publication. We realize we exist because of the support we get from the communities we serve, and we enjoy bringing you stories about local people and organizations we find unique and interesting.

In this issue, we cover a national bird hunting and conservation organization that's long made its home right here in Moon. We also feature a local business owner who protects people across the globe and in some of the most dangerous parts of the world. Those stories are in addition to, as in every edition of this magazine, the plenty of good and useful news you'll find inside.

We look forward to bringing you stories like these and more in the New Year. Happy holidays from all of us here at *Allegheny West Magazine*.

Doug Hughey, Assistant Editor

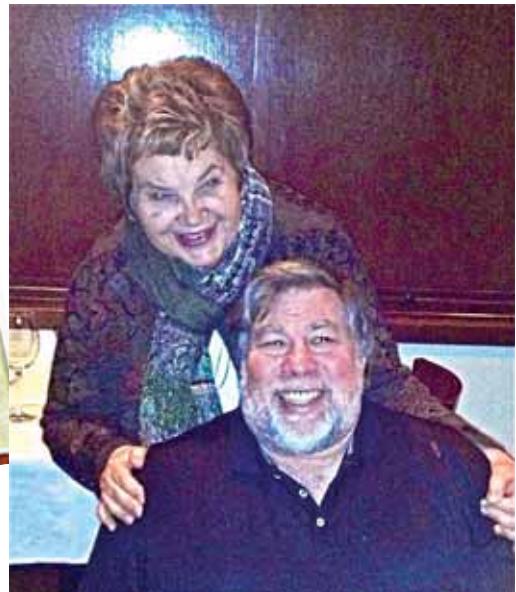
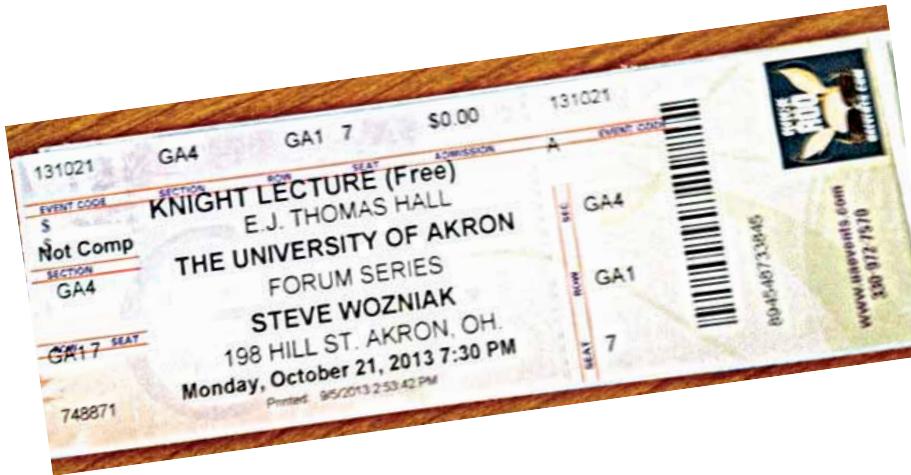


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Apple's "Woz" to Woo in Moon!



Get ready, Moon Area residents! Steve Wozniak, inventor of the Apple personal computer, will be appearing here in our neighborhood on January 29 as part of the Robert Morris Pittsburgh Speakers Series. If it's anything like his recent appearance at the University of Akron on October 21, it is sure to be a quick sell out, with people jostling for tickets. How happy I was to be able to see my old friend Steve in Akron recently, with 3,000 other excited attendees, at the P.J. Thompson Performance Center. For four hours we had Steve exclusively to ourselves for a four hour dinner at the Hyde Park Steak House. It was like winning the lottery! Here's how it happened:

The "Woz" and I have been friends since 1986, ever since I first met him in Washington, D.C. to accept an award with my elementary school class for winning first place in the 1985 Integrating Computers Into the Curriculum contest held by Apple Computer Clubs International. Steve admired the creative, immersive work my elementary school students were doing with the computer by using the theme of ancient Egypt. Students showcased BASIC programming skills in quizzes they created about Lord Carnarvon and King Tut, along with word processing, databases, and spreadsheet functions that further explored the history of the ancient kingdom. Steve said he always wanted to inspire kids, and he made me feel like a million when he said he'd love to send his son Jesse to my school!

For three years in a row I saw Steve in Washington, D.C., and for three years in a row we won the first place award of an Apple IIe. After our third consecutive first place finish, ACCI said they were putting me into the Apple hall of fame. That meant I couldn't enter for two years, but I did get a consolation trip to Hawaii, where we wrote lesson plans for other teachers throughout the U.S.

Steve admired the unique and fun way the students learned to use personal computers. They were already way ahead of their

parents, many of whom were still using main frames at work.

Steve always wanted to be a teacher, and my heart beats with pride when I see him speaking to large audiences all over the world! Traveling the globe, he has addressed world leaders, heads of corporate and educational institutions, hair dressing associations, car manufacturers, and more. However, he is perhaps best loved for going around the U.S., speaking to computer user groups at his own expense, and almost singlehandedly winning an unsurpassed, fanatical, and loyal fan base for Apple Computers.

Steve came to Pittsburgh at my request for our 200+ member Apple Pitts Computer Club. We met at Penn State McKeesport Campus in 1986.

Fast forward to 2004:

"You always said you wanted to come to my school," I told him. "You better do it fast, as I'm retiring next month!"

I shot in an email to my genius friend, who scored a perfect SAT score of 800 in math and 770 on his chemistry and physics exams. He did come, and we held a gigantic, K-6 pep rally in his honor at my Edgeworth Elementary School's library in Quaker Valley on May 26, 2004. Our children showcased various stages of his life, and were so grateful to have had this remarkable inventor of life changing computer technology in their midst.

Friends for life is how I see it, so it was great to see him again in Akron with members of Computer Reach, along with executive director Dave Sevick and board member John Crowe and a few other volunteers. For four hours, Steve talked about his unique perspective on topics including world problems of innovation, energy, and recycling. The time just flew.

Steve has had several companies since the invention of Apple. One of them he named CL9, after the phrase "cloud 9." That, incidentally, was how we felt all the way home.... as if we were on cloud 9.

Steve is a great yet humble man. You will truly enjoy the show.



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Around Your Town



ABOVE: Tech Sgt. Chris Lindsey with his wife, Amanda, and three children, Connor, Anna, and Ethan. Barbara Keene's book, "Camo Cuddles," has helped them cope with the trials of a military family.

MOON WOMAN HELPS KIDS COPE WITH "CAMO CUDDLES"

Moon resident Barbara Keene had seen military families coping with the deployment of loved ones from afar, including on the news.

She didn't experience it personally until a year ago when her friend and neighbor, Chris Lindsey, an Air Force reservist, went on deployment. Chris, his wife, Amanda, and three young children, had become something of a second family to Barbara, and it affected her to see the children going through that experience.

"I never had anyone close to me go through it," she says.

A freelance writer who had contributed to *Pittsburgh Magazine*, among other publications, Barbara got it in her head to write something that would help children like the Lindseys cope with separation. She ended up doing something that she never thought she'd do. She wrote a children's book. After multiple renditions and edits, that book became "Camo Cuddles."

Despite some interest from Harper Collins, Barbara ended up publishing the book herself and starting a publishing company named Southward Publishing to do so. She recently started selling the book on Amazon.

The book comes with a stuffed animal eagle character from the book named Camo Cuddles. In the book, Camo Cuddles meets the young son of a U.S. service member on deployment who, incidentally, shares the same name of the Lindsey's oldest son, Connor. The eagle flies back and forth between Connor and his father, delivering hugs.

"It helps them deal with loss and separation, and to understand that, while dad's gone, he still loves me and will be home," says Barbara.

Amanda says they place their eagles in their window each Saturday night, and that the kids wake up Sunday excited to get hugs from their dad.

"The children missed their dad so much and this was a way to make it a little easier on them," says Amanda. "My daughter would cry almost every day for her dad."

Barbara is now working on two more books in the series, one that helps children deal with moving, and another that helps them cope with the loss of a loved one.

A Robert Morris University graduate, Barbara has lived in Moon for 25 years. She has four children, and so far two grandchildren. She can be reached at her webpage www.camocuddles.com.

NEW SUPPORT GROUP FORMING FOR AT-HOME MOMS

The MOMS Club of Pittsburgh West hosted a chapter kickoff event at the Shawnee Pavilion at Settlers Ridge Cabin Park this fall.

"With so many mothers working outside the home, it can be extremely hard for stay-at-home mothers to meet each other and network," said Brandi Hugar, founder and president of the new local group. "The MOMS Club allows at-home mothers, including those who have home-based businesses, or who work part time but are home with their children during the day, to get together in a supportive atmosphere."

What makes the group unique - aside from being the only international nonprofit organization specifically for at-home mothers - is the wide range of activities allowed under the MOMS Club banner, Hugar noted.

"For example, we're going to have monthly member socials and meetings with interesting speakers and topics for discussions, outings around town and playdates for mothers and their children, a monthly moms night out, holiday and seasonal activities and crafts, and service projects benefiting needy children in the community," she explained.

Because the MOMS Club is a support group specifically for the mother-at-home, all meetings are held during the day, and mothers may bring children to anything the club does.

"We believe that a woman shouldn't feel isolated just because she has children," she continues.

All at-home mothers and children in the Robinson, Moon, and surrounding airport areas are welcome at MOMS Club activities. For more information, email momsclubpghwest@gmail.com, or visit www.momsclubpghwest.org.

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(left to right) Paul M. Zubritzky, M.D.; Tera S. Conway, M.D.;
Patrick T. Christy, M.D.; and Paula A. Duncan, M.D.

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Paul M. Zubritzky, M.D. specializes in obstetrics and gynecology. He earned his medical degree at Temple University School of Medicine and completed his residency at The Western Pennsylvania Hospital where he served as Chief Resident. Dr. Zubritzky is board-certified by the American Board of Obstetrics and Gynecology.

Tera S. Conway, M.D. specializes in obstetrics and gynecology. She earned her medical degree at Northeastern Ohio Universities College of Medicine. Dr. Conway completed her residency in obstetrics and gynecology at The Western Pennsylvania Hospital where she served as Administrative Chief Resident.

Patrick T. Christy, M.D. specializes in obstetrics and gynecology. He earned his medical degree at Jefferson Medical College and completed his residency in obstetrics and gynecology at Lankenau Hospital. Dr. Christy is board-certified by the American Board of Obstetrics and Gynecology.

Paula A. Duncan, M.D. specializes in obstetrics and gynecology. She earned her medical degree at Northeastern Ohio Universities College of Medicine. Dr. Duncan completed her residency in obstetrics and gynecology at UPMC Magee Womens Hospital.

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Around Your Town

BAPTIST CHURCH OF CORAOPOLIS GETS NEW PASTOR

Pastor Mark Heiner has taken over ministerial duties at the Baptist Church of Coraopolis. Prior, Mark served as chaplain at the Glacier Bay National Park and Preserve in Gustavus, Alaska. He was also the camp pastor and counselor at the Camp Woody Christian Retreat Center in Kodiak, Alaska.

Mark graduated in 1983 from Eastern College in St. Davids, Pennsylvania with a bachelor's degree in religion. He then attended Southern Baptist Theological Seminary for three semesters before transferring to Eastern Baptist Theological Seminary, where he earned a master's degree in divinity. He served at several other churches prior to arriving at Baptist Church of Coraopolis.

Born and raised in Pennsylvania as the sixth of seven children, Mark grew up in a rural area outside of Fleetville, where hunting, fishing, and a love of the outdoors were instilled. Mark learned carpentry and woodworking from his father, and the habit of prayer from his mother, who read the New Testament to her children daily.

He moved here from Rutland with his wife, Oxana.

CLEARVIEW A 2013 TOP WORKPLACE

Clearview Federal Credit Union has been recognized as a 2013 Top Workplace in the Greater Pittsburgh Area by the *Pittsburgh Post-Gazette*.

The Top Workplaces program was set up to recognize companies that have a great workplace and to encourage all organizations to improve the quality of their workplace, according to the *Pittsburgh Post-Gazette*.

Clearview President/CEO Mark Brennan said, "Clearview's recognition is due to the dedication and commitment of our workforce and the employees' desire to assist and improve the personal financial condition of our members and employees."

A survey known as WorkPlaceDynamics was used to analyze the responses of participating companies employing 31,270 people in the region. Any organization with more than 50 employees in the Greater Pittsburgh area was eligible to participate and provide its employees with a 25-question survey. Companies were divided into large, mid-sized, and small categories for separate rankings.



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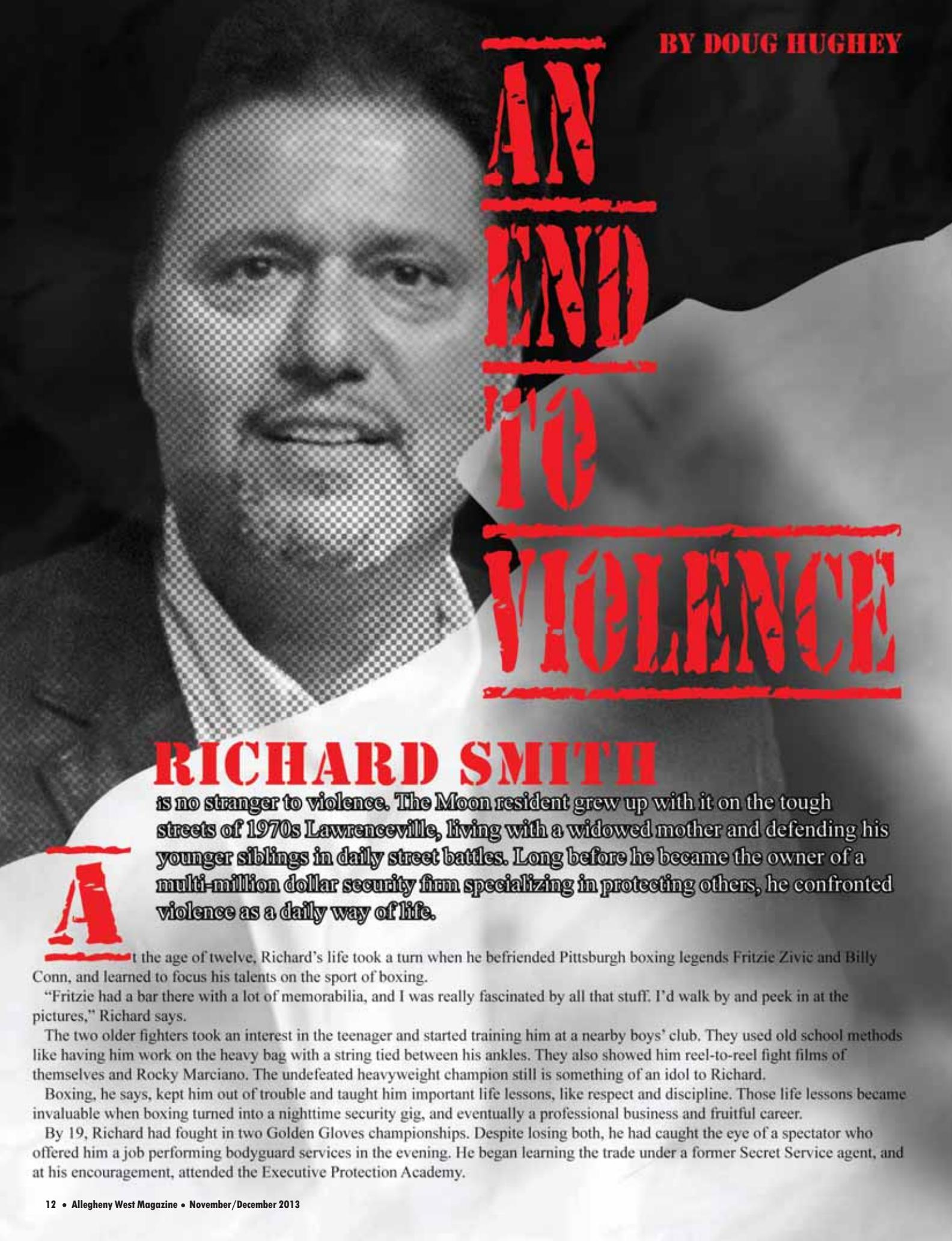


A Welcoming Home
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Pets Welcome



A black and white portrait of Richard Smith, a man with short hair and a slight smile, looking directly at the camera.

BY DOUG HUGHEY

AN END TO VIOLENCE

RICHARD SMITH

A **RICHARD SMITH** is no stranger to violence. The Moon resident grew up with it on the tough streets of 1970s Lawrenceville, living with a widowed mother and defending his younger siblings in daily street battles. Long before he became the owner of a multi-million dollar security firm specializing in protecting others, he confronted violence as a daily way of life.

At the age of twelve, Richard's life took a turn when he befriended Pittsburgh boxing legends Fritzie Zivic and Billy Conn, and learned to focus his talents on the sport of boxing.

"Fritzie had a bar there with a lot of memorabilia, and I was really fascinated by all that stuff. I'd walk by and peek in at the pictures," Richard says.

The two older fighters took an interest in the teenager and started training him at a nearby boys' club. They used old school methods like having him work on the heavy bag with a string tied between his ankles. They also showed him reel-to-reel fight films of themselves and Rocky Marciano. The undefeated heavyweight champion still is something of an idol to Richard.

Boxing, he says, kept him out of trouble and taught him important life lessons, like respect and discipline. Those life lessons became invaluable when boxing turned into a nighttime security gig, and eventually a professional business and fruitful career.

By 19, Richard had fought in two Golden Gloves championships. Despite losing both, he had caught the eye of a spectator who offered him a job performing bodyguard services in the evening. He began learning the trade under a former Secret Service agent, and at his encouragement, attended the Executive Protection Academy.

Over the next dozen years, Richard performed high profile, professional protections for CEO's and celebrities, including Jane Fonda and Whoopi Goldberg. When the company he was working for sold in 1997, he struck out on his own. He had \$50,000 in start-up money saved and a solid client base. No bank, though, would give him a line of credit.

Today, that company, USA Special Services, he says is one of, if not the fastest growing companies in the industry. With an annual gross revenue well into the millions, Richard says the business boasts more millionaire and billionaire clients than any other in the industry, many of whom he can't name because of contractual agreements.

From an unassuming and largely nondescript office in the corner of a shopping plaza in Imperial, the company arranges its security-related services, including protection details in some of the most dangerous parts of the world. The company relies on about a dozen individuals with special operations military training; former Navy Seals and Secret Service agents Richard describes as "extremely intelligent and extremely dangerous."

If there's a central goal to this business, though, a mission statement that's made it a successful enterprise, it's the circumvention of violence altogether. Abroad, Richard says that means forward scouting, and canceling a trip if an analysis reveals that violence, drug cartel activity, or kidnappings are on the rise. At home, that can mean overseeing the termination of an employee, including one with a history of violence.

USA Special Services also advises on the implementation of a successful armed security plan, in addition to a wide range of services, including executive protection, armed security, electronic debugging, phone line detection, investigations, and background checks.

Increasingly, Richard says, companies are demanding armed security as more incidents of work-related violence end up on evening newscasts. He says that in the past five years he's seen many companies switch from unarmed to armed security.

However, as more armed guards find their way into business environments, and lawmakers consider providing funds to put more armed guards in schools, supervisors and managers also need to be educated and trained on how to handle and detect workplace violence, Richard says. His own company handles armed security by going into businesses, conducting security evaluations, and putting together an "elite" team of personnel. These aren't the minimum wage security guards most people are used to seeing.

"I want no part of that," he says.

These also aren't bodyguards; the type who are quicker to use their fists than their heads, and who have a tendency of attracting lawsuits.

"You have the physical ability, but not everyone has the mental

ability to handle that situation," he says. "These guys, they stand there and look big, but they don't have any training. When something goes down, they don't know how to handle it. They handle it by hitting somebody."

As a cocky young boxer, Richard got a personal lesson in discretion when he volunteered for a fight at the Western Penitentiary. Taking on a former Philadelphia gang member serving three consecutive life sentences, he came away with three broken ribs and the worst beating of his life. Richard later learned his opponent whiled away his days punching cracks into the cement wall of his cell.

"That was stupid on my part because there was no benefit," he says. "Sometimes you just need to back up and evaluate and ask whether it's worth it."

Having applied that life and professional lesson to work, Richard says the company has earned a distinction attracting both the best talent among contractors and top clients, in an industry in which reputation is everything.

"It's not something you advertise," he says. "It's all referrals, from celebrities, attorneys, corporations, and law firms."

A few years ago, he says such a recommendation came from the Secret Service, as Pittsburgh was preparing to host the G20 Summit. Richard says they provided executive protection for five dignitaries, and ended up demonstrating bomb debugging techniques for a newscast.

"I was really proud of that and to be recommended," he says.

Richard says he hasn't forgotten where he comes from, and makes frequent drives through his old neighborhood. He also tries to give back to the community where he sees a need, particularly when it

comes to a struggling young person. Via a close friendship with an individual with Down's Syndrome, he got involved with the Imperial-based TC House charity, which is seeking to build a home for adults with special needs. When he heard about a family with a son with cancer that was struggling financially, he bought them a washer and dryer, which they couldn't afford.

Earlier this year, Richard moved his company to Imperial, not far from where his wife, Denise Garrett Smith, graduated from West Allegheny High School. Their two children graduated from Moon. His son, Zachary, works for the company, while his daughter, Kelsey, is starting a nonprofit that trains rescue dogs.

Richard says he's done a lot of crazy things in life, and that he's been in situations in countries where he thought he'd never get out, but that his training and life lessons kept both him and his clients safe.

"Not everyone can do it. You never know until you get into that situation," he says, "9-11 changed the world and the way we think. We will never forget."

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Did you know that airlines are offering more flights and more passenger seats at Pittsburgh International Airport than last year? That's right, the number of flights are up and many of the aircraft are larger now, so that means more seats!

New air service announcements include American Airlines upgrading its aircraft to the E175 on its Pittsburgh-Chicago route and launching new daily nonstop flights from Pittsburgh to Los Angeles. Southwest added new service to Nashville in September. Delta Airlines will add Saturday only nonstop service from Pittsburgh to two Caribbean destinations, Punta Cana, Dominican Republic, and Nassau, Bahamas on December 21.



www.flypittsburgh.com

Airport in Best Ever Financial Health

The Allegheny County Airport Authority has received favorable ratings on its airport revenue bonds by numerous rating agencies, including Fitch, Standard & Poor's and Moody's. These ratings reflect a long-term improved and stable financial outlook.

"I think this is a successful result based upon recent events such as the lease agreement for gas drilling at the airport. The ratings agency recognized that Pittsburgh has been successful in converting from a hub to a market where most begin and end their trips here," said David Minnotte, Chairman, Allegheny County Airport Authority. The higher bond rating is a result of the Authority's new lease agreement with CONSOL Energy for oil and gas drilling rights on airport property.

Zipcars Come to PIT



Pittsburgh International Airport now has the Zipcar, which is a car-rental service with five vehicles for rent at either \$8.25 per hour or \$65 per day.

Zipcar is the leader for cars on demand by taking the simple concept of car sharing to new heights. They are very popular because they are easy to reserve online with 24/7 access to thousands of cars around the globe and they contribute to a greener environment due to fewer cars, less congestion, and less pollution.

The vehicles are available in the Avis lot. Reserve a Zipcar at zipcar.com.

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**Contact Persons:
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Around Your Town

WEST HILLS

FOOD PANTRY THANKS COMMUNITY

The West Hills Food Pantry's largest annual fundraiser, the Mile of Cans food drive, brought in about 7,000 canned goods this year.

More than 100 volunteers helped with the 19th annual event held last month by collecting and sorting the donations.

Pantry director Sandy Hershberger thanks the community for its continued support in meeting the needs of its 170 families. The pantry serves the communities of Crescent, Coraopolis, Moon, and Neville Island.

Donations of food and money are always welcomed at the pantry. Checks can be made out to: West Hills Food Pantry, 522, Carnot Road, Moon Township, PA 15108.

LIHEAP APPLICATIONS AVAILABLE FOR HEATING BILLS

Applications for the Low Income Home Energy Assistance Program (LIHEAP) are now being accepted. The federally funded program offers low-income residents assistance in the form of crisis grants as well as cash grants, sent directly to the utility company.

Individuals earning 150 percent of the federal poverty level are eligible for assistance through LIHEAP. That translates to \$17,235 for one person, \$23,265 for a family of two, \$29,295 for a family of three, \$35,325 for a family of four, and \$41,355 for a family of five.

State Senator Matt Smith urges people to contact his office at (412) 262-2260 for an application and assistance filling it out. Applications may also be submitted online at www.compass.state.pa.us or through the county assistance office.

SPC'S COMMUTE INFO PROGRAM SEEKS VANPOOLERS

Are you or someone you know interested in vanpooling? The Southwestern Pennsylvania Commission's CommuteInfo program is currently looking for riders for a vanpool that travels from the Weirton, West Virginia area with stops at the Imperial Park and Ride lot and the Oakland/Lawrenceville area. Riders would arrive for work by 7:20 a.m. and leave work by 4:40 p.m. There are other vanpool and carpool groups for additional commuting locations and times.

If you want to sit back and let someone else drive, contact CommuteInfo for more information at 1 (888) 819-6110 or visit www.commuteinfo.org.

The SPC CommuteInfo® program is designed to increase the number of people who travel to work or school by transit, carpool, vanpool, or bikepool. CommuteInfo operates the region's carpool and vanpool program. Over 1,200 commuters a day ride in a CommuteInfo carpool or vanpool. The goal is for commuters living, working, or attending school within the 10-county SPC region (including Allegheny, Armstrong, Beaver, Butler, Fayette, Greene, Indiana, Lawrence, Washington, and Westmoreland counties) to choose ridesharing at least twice a week.



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² Maximum closing cost reimbursement amount is up to \$500.00. Closing cost amount will be rebated after you finance a minimum of \$10,000 in a new Home Equity Loan. Closing costs will also be rebated with a minimum of \$1,000 added on to an existing Clearview Home Equity Loan. If a loan is re-mortgaged with another financial institution or paid off within 12 months of origination, the rebate must be reimbursed to Clearview.

³ Interest may be tax-deductible. Consult a tax advisor.

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New in Town

The Smoke Stack Passes Along Knowledge



Before Josh Egal opened his new cigar lounge at the Smoke Stack on University Boulevard in Moon this past January, he owned a number of businesses, including a roll your own cigarette operation. That venture ended in July of 2012, when federal laws effectively labeled such shops manufacturing operations, requiring them to obtain a manufacturer's license and FDA approval. Despite strong opposition across the country, the additional legislation made the fight moot, prompting Josh to depart on a new venture.

"I just decided to stop fighting and follow my passion," says Josh.

That passion has since translated into a new lounge at the Smoke Stack featuring 400 unique cigars. Visitors can saddle up to a wrap-around bar or relax in comfortable leather seats in front of a flat screen television. They can also bring a bottle of scotch or cognac, or even beer or wine, so long as the bottle doesn't leave with them. The Smoke Stack opens daily at 9 a.m. and closes at 9 p.m. Josh, though, says that, if someone comes in at 8:30 and lights up a cigar, "I'm not going to kick you out until it goes out."

If visitors call ahead, they can set up an introductory Cigar 101 class with Josh and his lounge manager, Ed Brandyberry.

"We teach you how not to be intimidated and how to pick a cigar," says Josh.

Meant to educate the newly anointed, Ed, though, points out that even savvy smokers have learned a thing or two.

This past June, Josh and Ed took their expertise to Latitude 40, when the entertainment complex opened its own cigar lounge. As Latitude 40's exclusive consultant and supplier, Josh has been training staff and hosting events with major brands. Two on the schedule include a Montecristo event on December 14, held to unveil a new Gen2 St. Luis Rey, and a Kristoff event on January 25.

In addition to Ed, Josh also gets help running the shop from his mother-in-law, Laurie Lewis. Josh and his wife, April, and daughter, Finley, live in Moon.

"It was a really scary moment," Josh says about when they departed on the new venture, "but I'm enjoying it and all the interesting people."

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News from Heritage Valley Health System

Heritage Valley Medical Group welcomes Lawrence A. Notaro, M.D., and Diana M. Raub, D.O., to the medical staff at Heritage Valley Sewickley.

Dr. Raub is originally from Pittsburgh. She received her undergraduate degree from the University of Maryland, obtained her medical degree from Philadelphia College of Osteopathic Medicine, and completed her residency in family medicine at UPMC St. Margaret Hospital.

Dr. Notaro received his undergraduate degree from Boston University and obtained his medical degree from the Catholic University of the Sacred Heart School of Medicine in Rome, Italy. He has spent several years in the pharmaceutical industry working on cardiovascular clinical research. Dr. Notaro completed a residency in family medicine at Heritage Valley Beaver, and a fellowship in geriatric medicine at UPMC.

Both doctors are board certified in family medicine and accepting new patients. To schedule an appointment with Dr. Notaro, please call (412) 749-6806. For Dr. Raub, please call (412) 749-6801.

• • • • •
Heritage Valley Health System has announced its 2013 Cameos of Caring Awardees as Faith Beegle, R.N., Progressive Care Unit at Heritage Valley Sewickley and Rhonda Brightwell, R.N., Level 2 Medical Unit at Heritage Valley Beaver.

The Cameos of Caring Award honors exceptional bedside nurses who work in acute care hospitals.

Sarah B. Shinn, M.D., has relocated her Heritage Valley Medical Group office to join the practice of Sewickley Primary Care located on the first floor of Heritage Valley Sewickley. She treats patients with a wide variety of conditions. One of the founders of the Continuing Medical Education program at Heritage Valley Sewickley, she has served as the Department of Medicine chair and was a longtime member of the Medical Executive Committee. She completed a two-year term as president of the Heritage Valley Sewickley Medical Staff, the first woman to be elected to this position.

• • • • •
Heritage Valley Sewickley was recognized in the September issue of *Consumer Reports*, which included a special section on hospital surgery ratings. This news complements Heritage Valley Sewickley's recent recognition by Cleverly and Associates as a Community Value Five-Star Hospital® as well as the hospital's renewed designation as an Aetna Institute of Quality®.

Aetna, a leading health insurer nationwide, recently recognized Heritage Valley Sewickley as an Institute of Quality® Orthopedic Care facility for spine surgery and total joint replacement and an Institute of Quality® Bariatric Surgery facility for treating individuals living with extreme obesity.

Heritage Valley Sewickley also remains a Blue Distinction Center® for Bariatric Surgery, recognized by Blue Cross and Blue Shield Companies for its expertise in delivering Bariatric Surgery.

• • • • •
Keeping with Heritage Valley Health System's commitment to bring much needed services into the community, the Health System has launched Heritage Valley Pain Management at its Moon Township medical neighborhood location. Leading the new service is Adeel Haq, M.D. Dr. Haq trained in the chronic pain medicine fellowship at UPMC and is able to administer a wide variety of interventional procedures, as well as medical management for chronic pain. He is a member of the American Society of Interventional Pain Physicians and the American Society of Regional Anesthesia and Pain Medicine.



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Dental phobia may be based on fear of pain, needles, the sounds and smell of a dental office, or fear of being criticized or embarrassed for allowing dental health to deteriorate. Some of these people have had a bad experience in the dental office or may have been frightened by stories told by family or friends.

Vast improvements in technology have made the delivery of comfortable dentistry much easier. However, the most important factor in overcoming fear is trust between the doctor, staff, and the patient. This trust is developed when a person senses that he/she is being treated in a caring fashion and that their individual needs are being addressed. A new patient must feel that he/she is being taken care of in a professional manner, that he/she is in competent and caring hands, and are always in control.

The dentist wants to know of the patient's fears or concerns so

that he may address them and provide solutions. For some people, the dentist may have to go slowly, until the confidence grows and fear melts away. The patient will learn that the dentist is able to perform nearly all procedures without pain and that he will stop a procedure if any discomfort occurs. Topical anesthetic allows for near painless administration of novocaine. Lasers

allow for many cavities to be restored without novocaine and without the sounds of a drill. Headphones or cable tv provide a solution for those who hate the sounds of the dental equipment. Many people comment that they enjoy listening to a relaxed conversation during treatment, and often will even join. Nitrous oxide, or laughing gas, is wonderful for relaxing a person during treatment. In a few cases, medication may be used to relax the person before a visit.

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With the help of a caring dentist and staff equipped with modern technology, you can overcome fear of the dental experience. You will not only return to good dental health, but you may gain a sense of accomplishment as well.

This information is provided courtesy of Dr. Robert Luther, Jr., 1050 Oakdale Road in North Fayette Township. Contact him at (412) 788-6300. (Dr. Robert Luther, Jr. is a limited partner of Luther & Noel Dental Associates, LLP.)

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Christmas Church Services

The Bible Chapel - December 24, Christmas Eve Services, 7 and 9 p.m., "Preparing Our Hearts for Christmas," babysitting available for 7 p.m. service, meets at Pittsburgh Technical Institute, (724) 941-8990, www.biblechapel.org.

Coraopolis United Methodist Church - November 28, 12-5 p.m., fellowship and a free Thanksgiving dinner in church dining room; **December 21, 3:30 p.m.**, Longest Night Christmas Service, reflective service of light for those experiencing a time of darkness, loss, and grief; **December 24, Christmas Eve Services, 3 p.m.**, family-oriented service, 7:30 p.m., evening service, 11 p.m., candlelight service, (412) 264-3727, e-mail: office@coraopolisumc.org, www.coraopolisumc.org.

Forest Grove Community Church - December 24, 7:30 p.m., candlelight service with carol singing and Communion, all are welcome, (412)-680-0241, forestgrovechurch@gmail.com.

Grace Lutheran Church, December 24, 7 p.m., Christmas Eve candlelight worship & Holy Communion, (724) 457-7470, graceevanluth@verizon.net.

Holy Trinity Parish Church, December 15, 1:30 p.m., Making Music Praying Twice Christmas Day Program, children ages up to five with parent, \$8 per family, come sing Christmas music with mom and dad as we tell the story of Jesus' birth, interactive day with song, dance, instruments, parachute play, and more, for even our littlest of babies, stay for refreshments, limited to 20 children, register early, NatalieGawaldo@gmail.com; **4 p.m.**, Christmas Concert, featuring Holy Trinity Choir, Bell Choir, and School Student Choir and Instrumentalists, Caye-An Muldowney, (412) 787-2140 x 112, cmuldowney@holyst Trinityrobinson.org, **December 24, Mass at 4 p.m., 6:30 p.m., 12 Midnight, December 25**, Christmas Day Mass at 9 a.m. and 11 a.m., (412) 787-2130.

Ken Mawr United Presbyterian Church, December 24, 4, 7, and 10 p.m., "The Gift," candlelighting at all services, babysitting available at 4 and 7 p.m. with special children's story, (412) 331-2863, www.kenmawrchurch.org.

Providence Presbyterian Church, December 15, 6 p.m., Christmas Cantata; **December 24, 7 p.m.**, Christmas Eve Candlelight Service, (412) 788-6100, www.providence-pca.net.

Riverdale Presbyterian Church, December 24, 7 p.m., Candlelight Service with Special Music, "What Are You Waiting For?", babysitting and nursery available, (724) 457-0207, www.riverdalechurch.org.

Resurrection Lutheran Church, December 24, 8 p.m., Christmas Eve Candlelight worship & Holy Communion, (412) 788-4513, rlc10380@verizon.net.

Sharon Community Presbyterian Church, December 8, 4 p.m., Children's Program/Family Night Dinner; **December 4, 11, and 18, 12 p.m.**, Advent Organ Recitals; **December 15, 8:30 and 11 a.m.**, choir program at both services, nursery available 9:45 a.m.-12:15 p.m. for children through age 4; **December 24, Christmas Eve Services, 4 p.m.** Children/Family Christmas Eve Worship, **9 p.m.**, Candlelight Service, Lessons, and Carols with the Ringing in of Christmas, (412) 264-7400, secy@sharonpcp.com.

St. Malachy Church, December 24, 4 p.m., mass with the Children's Choir and St. Malachy School Handbell Choir; **6 p.m.**, mass with the Contemporary Choir; **10 p.m.**, mass with St. Malachy Adult Choir and Handbell Choir; **December 25, 8 a.m. and 11 a.m.** mass, adult choir and hand bell choir, (412) 771-4483.

St Philip R.C. Church-Crafton, December 24, Christmas Eve Mass, **4 p.m., 6 p.m., midnight**; **December 25**, Christmas Day Mass, **7 a.m., 10 a.m., 12 p.m.**, (412) 922-6300 x 5, www.saintphilipchurch.org.

St. Philip's Church-Moon Township, December 14, 6 p.m.; December 15, 10 a.m., Lessons and Carols, babysitting available; **December 24, 4, 6, 8, and 10 p.m.**, Christmas Eve candlelight services, babysitting available at 4 and 6 p.m. for infants through fifth grade, cry room available, (412) 264-0169, www.stphilipsonline.org.

This represents information that was submitted by these churches by our deadline. For more information on the individual churches, please refer to the listings on page 46 under Community Connections.

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4. Laser Toenail Fungus Removal easily zaps away ugly brown or yellow spots, and thick nails. This safe and effective anti-fungal laser successfully eliminates unsightly warts as well.

5. Extracorporeal Shockwave Therapy (ESWT) treats chronic plantar fasciitis, Achilles tendinitis and tennis elbow. The pressure waves from this non-surgical procedure effectively relieve pain and stimulate the body's natural healing process.

6. Diabetic Nail Care and Foot Exams prevent complications due to foot injuries and help to prevent serious consequences, including amputation. We will give you an individualized, easy-to-follow plan to help keep your feet healthy.

7. Bunion and Hammertoe Surgery may be necessary if wider shoes aren't giving you relief. Our simple, outpatient procedure can have you back into your shoes in 2-6 weeks.

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Around Your Town

MCA-TV LOOKING TO COMMUNITY FOR IDEAS

Now is the perfect time for ambitious Moon residents to turn their long-awaited show idea into a television series. Moon Community Access Television is seeking new productions to add to its programming schedule, and is looking to the public for ideas.

One of the most active volunteer groups in Moon Township, MCA-TV provides high-quality local programming to the township and its neighboring communities. Several MCA-TV original shows have won national and state-wide awards, including "The Doctor Is In," produced by Dr. Marc Schneiderman, and "Soak it Up: A Storm Water Documentary."

The steps to becoming a community producer are simple. Any adult Moon Township resident meets the criteria to become a producer and MCA-TV volunteer. No television or production experience is required. Production and camera training are provided. Any current MCA-TV volunteers who are Moon Township residents are highly encouraged to take their talents to the next level and sign on as a producer.

Show ideas include, but are not limited to: health and fitness; cooking; education; Moon Township or Pittsburgh tourism sites; home improvement; children's programming including crafts, learning, reading or exercise; musicians and singers; comedy; community events.

For more, contact MCA-TV at (412) 269-1191.



911th DEDICATES MEMORIAL MARKER



LEFT: Unveiling the official memorial marker: 911th Airlift Wing Commander Col. Craig Peters, 911th Airlift Wing Retirees Group Co-Chairman CMSgt. USAF (ret) John Casey, National Cemetery Representative and Retired USAF Msgr. Jonathan Meyers, 911th Airlift Wing Operations Group Commander Col. Joseph Potts.
PHOTO SUBMITTED

On September 14, the 911th Airlift Wing's Retirees Group held a memorial marker dedication ceremony at the National Cemetery of the Alleghenies in Cecil. The memorial marker represents the 911th's commitment to those who have served both past and present and commemorates the 911th Airlift Wing's 50 years of service to both the nation and community. The 911th Airlift Wing commander, Col. Craig C. Peters, was keynote speaker at the event.



NEW DENTIST JOINS STAFF

A new associate has joined the team of Dr. Judy DiSanti, DMD. Lindsay Jodon, a native of eastern Pennsylvania, moved to Pittsburgh in 2001, where she earned her bachelor's of science degree in biology. She continued on to dental school and graduated in 2009 from the University of Pittsburgh School of Dental Medicine.

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BY DR. LEAH GALLUCCI

Are You Ready for the Holiday Season?

The holidays seem to come earlier and earlier every year - and along with them, the stresses and strains of last minute, chaotic holiday shopping. Are you ready for the season?

Our bodies can be pushed, but to what extreme?

Since the demands for the holiday season weigh so heavy on us, it's important to help ourselves. As rushed as you may feel, you need to eat right, drink plenty of water, stretch, exercise, and try to take a few minutes to slow down and reflect.

Here are some tips to help keep you and your loved ones healthy, happy, and safe this season.

Ready, Set, Shop... Treat Holiday Shopping As an Athletic Event

- On average, people gain five to six pounds over the holiday season, so try to skip the heavy meals.
- Be sure to stretch before and after a long day of shopping. When you are stressed out, your muscles are less flexible than usual.
- Wear shoes with plenty of cushioning in the soles to absorb the impact of walking and wear loose, comfortable clothing.
- Don't lug around a large purse or bag. Pack only those items

that are absolutely essential (driver's license, credit card, etc.).

- If you start to feel some pain, apply an ice bag to the affected area for 20 minutes, then take it off for a couple of hours. Repeat a couple of times each day over the next day or two.
- During a day of heavy shopping, most people should take a break every 45 minutes. Those with less stamina may even need to take breaks more frequently.

Wrapping Your Gifts

- Since there is no "ideal" position for wrapping gifts, the most important thing to remember is to vary your positions. For example, try standing at a table or countertop for one package, sitting on a bed for another, sitting in a comfortable chair for another, etc.
- Always stretch before and after you wrap gifts.

Chiropractic Care Can Help

If you experience pain or discomfort as a result of holiday shopping, consider a visit to your chiropractor. We may be able to alleviate your pain naturally so you can enjoy the holiday season as it was meant to be.

This information is provided courtesy of Dr. Leah Gallucci, owner of Vital Health Chiropractic in Moon Township. Contact her at (412) 424-0019.

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Senate Bill Names November Diabetes Awareness Month

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The state Senate unanimously adopted a resolution sponsored by Senator Matt Smith that names November as "Diabetes Awareness Month" in Pennsylvania.

The measure is aimed at raising awareness of the disease that affects approximately 26 million adults and children nationwide.

"With direct and indirect healthcare costs in upwards of \$245 billion, drawing attention to diabetes is more important than ever," Smith said.

Diabetes is the seventh leading cause of death in the United States, affecting over eight percent of the population. Complications from the disease include blindness, heart disease, stroke, kidney disease, nerve disease, and amputation.

Smith says that through education, "managing diabetes and controlling blood glucose levels can lead to better quality of life and fewer costly complications."

Earlier this year, Smith introduced Senate Bill 759, legislation that would require insurance companies to reimburse for the treatment of pain associated with diabetes. Currently, monitors, syringes, insulin, insulin infusion devices, and other equipment are reimbursable expenses. Outpatient training on managing diabetes as well as doctor visits are also covered by law. The measure is currently before the Senate Banking and Insurance Committee.

"Diabetic neuropathy is one of the more painful complications associated with diabetes and can often lead to hospitalization if left untreated," Smith said. "Yet management of the severe pain is often not covered by medical insurance."

Smith also lauded the work of his Senate colleagues who have sponsored legislation to help people who have diabetes, such as Senator Pat Browne who sponsored Senate Bill 871. The legislation deals with managing diabetes while students are in school.

"I sponsored companion legislation to Senator Browne's bill during my time in the House of Representatives and am proud to work with such champions for the health of all Pennsylvanians here in the Senate," Smith added. "Combating this disease must be a team effort."

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New in Town

Allegheny Muscle Therapy and Massage

Renee Swasey thinks people have the wrong idea about what they can gain by visiting massage clinics like the one she just opened in July on West Allegheny Road.

"People look at it like it's a luxury," she says, "but actually, if you're hurting, you need to treat your muscles for them to heal."

During her 20 years of working as a massage therapist and instructor, Renee, a Findlay resident and married mother of two, has helped a lot of people with legitimate and significant musculoskeletal conditions. These aren't people who are just looking for a relaxing massage. They're looking to relieve chronic pain and stress, which is oftentimes the result of car accidents, playing sports, and working. When asked about what she does at her business, Renee gives a much more descriptive term for what massages are accomplishing for individuals with chronic stress and pain.

"This is muscle re-education," she says.

By retraining the musculoskeletal system and reintroducing proper blood flow to knotted muscles and strained tendons, clients emerge over time with less pain, increased motion, and better health.

Though visitors to Allegheny Muscle Therapy and Massage might not go in looking for a relaxing massage, they do get just that, in a soothing and relaxing environment. Renee's business features three massage rooms in a newly remodeled space with classic wooden floors and earth tone painted walls.

On December 13, from 11 a.m.-6 p.m., visitors can get a free, 15-minute massage and \$10 towards a full session if they bring a bag of canned goods to the location. All donations go to the West Allegheny Food Pantry, and visitors will come away feeling good, both for a generous deed and having benefitted from a therapeutic massage.

Appointments at Allegheny Muscle Therapy can be made by calling (724) 695-5300, by visiting www.allegenytmassage.com, or via e-mail at muscletherapyandmassage@gmail.com.



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New Moon Historical Society

Room to Honor

Dr. Robert A. Jockers

In 2006, Dr. Robert Jockers published “Forgotten Past: A History of Moon Township, Pennsylvania.”

Dr. Jockers passed away earlier this year, after residing in Moon Township for 50 years.

His avid interest in history, particularly his hometown, led to the formation of the Old Moon Township Historical Society in 1975. As president during the next eight years, he coordinated the society’s bicentennial project by locating, then aiding in dismantling, removing, and reconstructing an original log cabin at Robin Hill Park.

In 1988, his manuscript on 18th and 19th century Moon Township history was published in the township’s bicentennial book.

In 1990, Dr. Jockers wrote and directed the historical documentary, “Born American,” depicting life in early Moon Township.

He was also the township’s historical archivist.

In honor of his many contributions to preserving the history of Moon Township, the board of directors approved the request of the Old Moon Township Historical Society to dedicate the new historical records room at the township municipal building as the Dr. Robert A. Jockers Historical Research Repository.

The establishment of the history room coincides with the upcoming celebration of Moon Township’s 225th anniversary. The township is asking residents, both past and present, to share their favorite stories and memories of people, and places, and how the township has changed through the years.

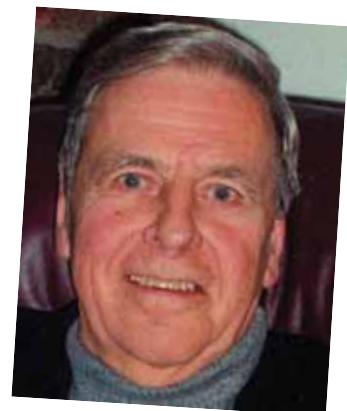
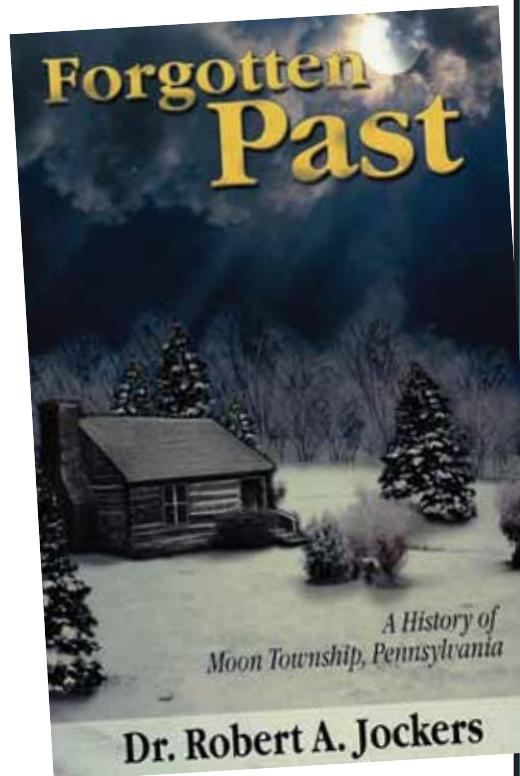
While residents will be able to share their memories over the years, Dr. Jockers carefully researched the township’s very earliest beginnings, starting with its initial settlement, the permanent settlements during the 1700s, the emerging changes in the 1800s, and the growth in the 1900s.

In the book’s preface, Dr. Jockers wrote, “The significance of history (then) lies in the fact that knowledge of the past enables us to stimulate new thoughts and ideas and to understand previous missteps, learn from them and establish a more positive guide for tomorrow, as we are both the heir to the past and the ancestor to the future.”

With the establishment of the new Dr. Robert A. Jockers Historical Research Repository, Moon Township will have a special place where residents past and present are encouraged going forward to share their memories, their memorabilia, and their stories for present and future generations.

225th Anniversary Memories: E-mail stories and photos to a sergeant@moontwp.com and then read the memories of others in the community online at www.moontwp.com.

MCA-TV History Series: Moon Community Access Television premieres a four-part history series in celebration of Moon Township’s 225th Anniversary. Three of the programs were created by the Old Moon Township Historical Society and one is being created by Sharon Community Presbyterian Church. All four of the programs in the series are produced by MCA-TV volunteer and community producer, Earl Edwards. Watch the first two episodes of the series, “Travel Journals” and “The Great Estates,” on MCA-TV Comcast channel 14 and Verizon FiOs channel 35 in Moon Township, Coraopolis Borough, Crescent Township, Findlay Township, North Fayette Township, and Neville Township.



Coming Up . . .

Nov. 21 – BizBlast @ Noon
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Dec. 6 – JingleFest 2013
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Ribbon Cuttings and Celebrations

PICTURED, RIGHT: On October 3, Deer Creek Winery enjoyed their official ribbon cutting ceremony with Chamber ambassadors.

CENTER: Global Links was joined by Chamber ambassadors for their official ribbon cutting ceremony on October 4.

BOTTOM: The Sheraton Pittsburgh Airport Hotel held their official ribbon cutting ceremony on October 9 with Chamber ambassadors.



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Moon's Ruffed Grouse Society Looks

In a sunlit clearing, a thick bodied, chicken-sized bird with gleaming plumage and harmoniously blended colors of russet, copper, and dark chocolate, steps up to his log, stone, or dirt pile podium. He spreads his black-banded fantail and shining ruffed throat collar before beginning a "drumming" performance used to either woo a mate or defend his territory from other males. Wings whip vertically in front of his puffed chest, gaining momentum as he creates a vacuum against the air. It's the same mechanism that causes a boom of thunder after a lightning strike. This small, yet mighty bird is none other than the state bird of Pennsylvania and king of all game birds: the ruffed grouse.

Despite being North America's widest ranging game bird inhabiting all of Canada and 38 of the 50 U.S. states, the ruffed grouse remains scattered and elusive, with populations decreasing in Pennsylvania and throughout the Northeastern United States. The Ruffed Grouse Society, a national conservation and sporting organization headquartered in Moon since the 1970s, remains dedicated to fostering prime habitat and hunting opportunities for both this species and the American woodcock.

Made up of a diverse group of regional directors, wildlife biologists, and passionate members, RGS celebrated its fiftieth anniversary in 2011. Pennsylvania has 26 chapters, 17 of which are currently active. Lisa Rossi, who began her career with RGS 24 years ago, is the organization's regional director for western Pennsylvania, West Virginia, Ohio, Indiana, and Georgia. Lisa organizes committee members and volunteers to host fundraising banquets, raffles, shoots, hunts, and habitat field days, which benefit the organization locally. The Pittsburgh chapter - which encompasses Allegheny and Beaver counties - has existed for 36 years, and is one of the state's largest, averaging 500 participants per event and contributing the most revenue of any other chapter in Pennsylvania.

A lifelong resident of southwestern Pennsylvania who grew up in Bridgeville and has lived in Oakdale for more than 20 years, Lisa wishes that the ruffed grouse and those who cherish it were even more prevalent in her part of the state. Lisa recognizes that while RGS is certainly well established and

respected as a seasoned conservation organization, with many 35-year veteran volunteers, members, and "friends for life," a major focus now is the recruitment of entire family units to become active members. That includes younger generations within the 15-25 age bracket, and women.

Lisa stresses that RGS is made up of members who share a common interest and passion for the ruffed grouse, American woodcock, and other wildlife, and hopes to include more women and youth members in the very near future. RGS offers special items at their fund-raising events, including jewelry raffles, housewares, wine tours, and youth shooting instruction, all in an attempt to appeal to a wider membership base. A hunter from a young age, Lisa remembers the proud moment she bagged her first game bird, and strongly believes that women can not only be excellent shooters, but also effective fundraisers and conservationists.

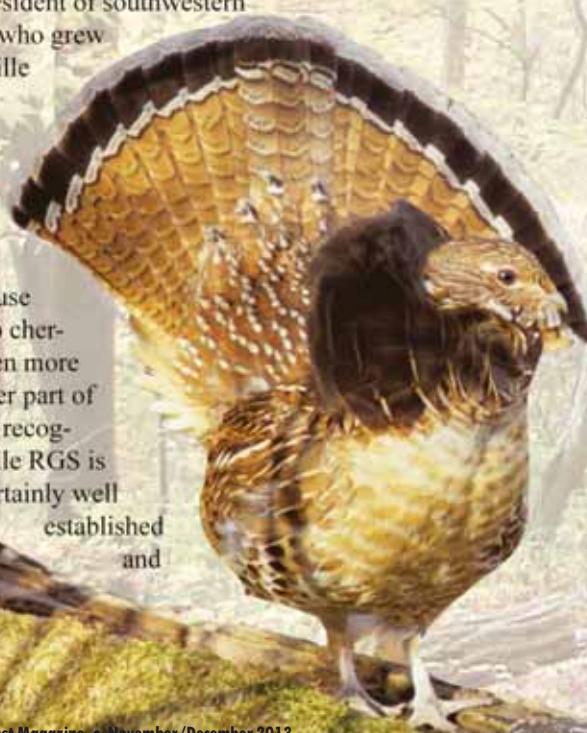
Mathew Soberg, RGS Director of Communications and editor of its publication, *Ruffed Grouse Society* magazine, believes that new visuals, videos, articles, and photos that reach beyond the standard print publications will be vital to attracting new members in the digital media age. A current contest giveaway RGS is running includes a GoPro video camera. The camera will be awarded to an exceptional video entry by a member who records his or her first-hand experience in the field while hunting or habitat building, and posts it on YouTube.

Hunting the native ruffed grouse presents challenges unique among Pennsylvania game birds. They are small, can remain easily hidden, and are well adapted to their surroundings. They also fly rapidly when disturbed from their cover, as compared to heavy bodied birds such as stocked pheasants and the reintroduced wild turkey. Ruffed grouse are very scarce compared to the ubiquitous turkey, which most people in western Pennsylvania have encountered at some point.

The primary challenge to ruffed grouse populations is habitat loss. As a year-round resident and ground-nesting bird, the species has very specific habitat requirements, known as early-successional forest. Otherwise, it cannot survive and breed successfully.

Adhering to the philosophy of American naturalist, avid grouse hunter, and wildlife enthusiast Aldo Leopold, RGS promotes the active management of grouse habitat through select timber cutting in areas of mature forest. RGS claims that this ecosystem was once regenerated by naturally occurring wildfires and controlled burns. Thinning of mature trees allows sunlight to reach the forest floor, aiding to the growth of bushy plant cover and food sources necessary for grouse. According to RGS publications, many other songbird species such as the yellow-breasted chat, golden-winged warbler, eastern towhee, and field sparrow also need early successional habitats to breed successfully. RGS stresses that a balance between young and old forest growth is vital for wildlife diversity. Lisa emphasizes that there is no "one type management" for all forests, and that conservation groups must work together to benefit all species.

Donny Zarra is a lifelong hunter of upland game birds. His



to the Future for Game and Members

first memories of the sport are intensely familial; riding in a pick-up truck with his father, brother, and dog, hot chocolate and bologna sandwiches in tow. Donny is keeping that tradition alive with his own young family. He hunts with his wife, Jamie, son, Donato, and daughter, Nelina. At ages 6 and 5, Donato and Nelina are skilled with BB guns and the bow and arrow. The other two members of the family, Duke and Fawn, play a vital role in the family's hunting adventures. Donny takes the sporting roles of these two German wirehaired pointers, otherwise known as Deutsch Drahthaar, very seriously. He has been a registered breeder of the world class hunting dog breed for years.

A native Pittsburgher and general manager of Zarra's Restaurant in Oakland, Donny has provided his services as a hunting guide in order to raise funds for conservation organizations, including Trout Unlimited, Ducks Unlimited, Pheasants Forever,



and RGS. He strongly believes that "hunters are the ones giving back," due to their hands-on appreciation of wild resources. He says that the thoughtful clear-cutting of successional habitat is "one of the most valuable assets to wildlife."

Donny is also not averse to using technology to aid in the evolving world of grouse hunting, such as using Google Earth to reveal difficult-to-discover habitat.

He says he understands everyone's introduction to the sport is different, whether it comes as a birthright, or much later in life. Perhaps someone accepts an invite to go on a hunting venture instead of a golf outing. Either way, Donny concludes that, "it's one more man or woman to help contribute to the habitat and game we love so much".

The Covered Bridge Chapter of Washington, Greene, and Fayette counties plan to continue habitat improvements in January and February 2014 at State Game Lands 223, along Interstate 79 South, in cooperation with the Pennsylvania Game Commission. Planting new Aspen trees, managing existing ones, litter clean up, edge cutting, and brush pile building are the main objectives on

this 5-acre, designated grouse area. The Western Allegheny Chapter in Greensburg is working with the Department of Conservation and Natural Resources, the American Chestnut Foundation, and the Boy Scouts of America to plant seedlings and a clover mix within a designated area of Laughlinton.

Another major development for the organization came in 2010, when RGS signed an agreement with Consol Energy to develop and implement forest management plans on some of Consol Energy's land holdings in Pennsylvania and West Virginia.

"This program has recently been expanded to include Consol property in several other states," says Matthew.

He says the two groups share the proceeds, and that RGS's share is used to fund several of the habitat programs and services they provide.

"These programs include working with private forest owners and government agencies to increase the production of early succession habitat, operating habitat management equipment, funding habitat restoration projects, and training consulting foresters on techniques for incorporating wildlife management objectives into forest management plans," he says.

Lisa Rossi attributes RGS' long history of accomplishments to



OPPOSITE: A ruffed grouse displaying its tail. **PHOTO PROVIDED BY RGS**
ABOVE: Clockwise from left: Grouse hunters crossing through a stand of Aspen. **PHOTO PROVIDED BY RGS**; Donato and Nelina Zarra. **PHOTO BY DONNY ZARRA**; Donny Zarra with his two German wirehaired pointers displaying a grouse. **PHOTO BY JAMIE ZARRA**.
BACKGROUND PHOTOGRAPH PROVIDED BY RGS.

its dedicated and "fabulous" volunteer members. She hopes that new, youthful members will foster the patience necessary to see habitat remediation through to the five-year peak for most projects. She also hopes that they will understand the generational benefits that RGS strives toward, to promote conservation for the next 50 years and beyond.

If you are interested in becoming a member of the Ruffed Grouse Society, please contact Lisa Rossi at lisar@ruffedgrousesociety.org or (724) 693-9032. For general information about the society, visit <http://www.ruffedgrousesociety.org>.

To inquire about a guided hunting expedition with Donny Zarra, or the Deutsch Drahthaar dog breed, please visit his website <http://www.vomgrimmhaus.com>. See <http://www.zarraspgh.com> for more information on Zarra's.

Moon Area School District

STORY SUBMITTED
PHOTOS BY DOUG HUGHEY

Students Sign Anti-Bullying Pledge

On October 2, K-2 students from Hyde Elementary joined their peers from Montour and South Fayette school districts to sign a public pledge against bullying at The Mall at Robinson.

Held in recognition of National Bullying Prevention Month, the event was intended to teach kids to be kind to one another, and to reject bullying behavior. On hand to talk to students about bullying were representatives from the offices of Governor Tom Corbett, Congressman Tim Murphy, Senator Wayne Fontana, and Marc Snider of the Bubba Show and 100.7 FM's Shine a Light on Bullying program.

"No child should ever be afraid to go to school," Marc told students. "School should be for two things: one, to learn, and two, to have an enjoyable learning experience."

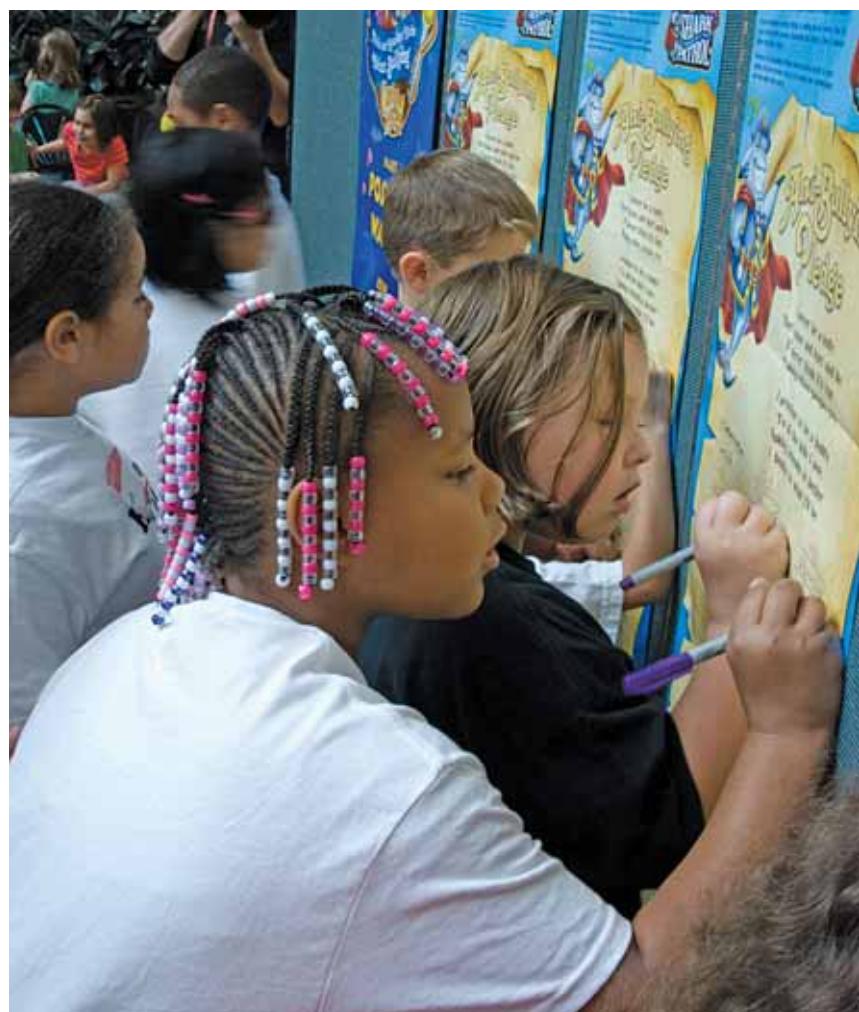
Speakers emphasized the importance of addressing bullying, and encouraged students to befriend those who they've witnessed being bullied. Addressing the audience, Hyde Elementary Principal Joseph Johnson acknowledged the efforts of teacher and parent organizations, and said that the school had made strides towards anti-bullying measures.

Principals in attendance were then given a free bullying prevention S.H.A.R.K. Patrol kit. Named after the acronym Students Help Achieve Respect and Kindness, the kits were handed out with the support of Robinson Township.

Designed for grades K-2, the kits encourage children to emulate a cartoon shark who has transformed himself from a bully into a hero, friend, and protector. Malls & Retailers Unite Against Bullying was formed as an extension of the kits, which have been endorsed by Dr. Michele Borba, an internationally recognized author, speaker, and educator on character education and bullying prevention.

National Bullying Month comes in the wake of a number of high-profile bullying incidents that have prompted schools to adopt strict anti-bullying policies and awareness campaigns. Increasingly, studies have shown that bullying causes social and emotional problems for children, including depression, low self-esteem, and anxiety. Without intervention, bullies also suffer. As adults, they commit more crimes, use more mental health services, and have a higher risk of alcoholism.

"There are so many of our children that are affected by bullying on a daily basis and the issue will not just go away on its own," says Shema Krinsky, Director of Marketing at The Mall at Robinson. "We want to contribute to the intervention and the important work our neighborhood schools are doing to eliminate bullying."



ABOVE: Top, Hyde Elementary Principal Joseph Johnson addresses students before they sign an anti-bullying pledge; bottom, students from Moon were among those students from area schools that signed the anti-bullying pledge.

Moon, RMU Partner to Offer First Semester of College Program

Moon Area School District and Robert Morris University have partnered to offer the First Semester of College in High School Program beginning this fall for Moon Area High School juniors. The program is cohort-based and will accept 12-15 students beginning in their junior year of high school for a series of five undergraduate courses to be taken, as follows: Reading and Writing Strategies, College Math, General Psychology, Principles of Sociology, and Environmental Science.

Courses will be taught by RMU faculty and will be identical to those offered in the traditional on-campus programs. All courses have a history of successful transfer (available upon request) to four-year colleges as determined by the university.



MOON AREA SD CALENDAR 2013-2014

2013

November 28-29 Thanksgiving Break – No School
December 23-31 Winter Break – No School

2014

January 1	Winter Break – No School
January 20	Teacher Clerical Day – No School
February 17	Teacher In-Service – No School
March 17	Parent Conferences – No School
April 17-21	Spring Break – No School
April 22	Teacher In-Service – No School
May 20	ACT 80 Day – No School
May 26	Memorial Day – No School
June 3	Last Day for Students
June 4	Last ½ Day for Teachers
June 6	Graduation Day

Professional Playwright to Mentor Students in January

This coming January through March, many young, aspiring writers at Moon Area High School will have the opportunity to learn from a professional playwright. Students in Laura Mitchell's "Intro to Playwriting" class will take part in the City Theatre's Artist in Resident Playwriting program. For eight weeks, a professional playwright will join students three days per week to facilitate in-school playwriting workshops to assist them in writing their own plays. Prior to the submission of their plays in March, selected young playwrights will develop their scripts in collaboration with professional theatre artists for productions in City Theatre's Hamburg Studio Theatre during the 2014 Young Playwrights Festival.

Student Musicians Perform at Regional Band, Orchestra Events



Eleven students will represent Moon Area High School at upcoming honors music events in November.

Eight students from the MAHS band will perform at the Pennsylvania Music Education Association (PMEA) Honors Band concert at West Mifflin High School on November 25. More than 350 student musicians auditioned from District I's Allegheny, Fayette, Greene, Washington, Westmoreland counties to participate in this year's PMEA Honors Band Concert.

Additionally, three MAHS orchestra students participated in the PMEA Honors Orchestra earlier in the month at North Allegheny Senior High School. Katie Nan, junior; Alex Connor, senior; and Jonathon Muise, senior, auditioned with students from 30 different schools in the Pittsburgh area for a spot in this year's festival. Students were required to prepare a repertoire predetermined by the PMEA.

Nan auditioned against around 90 other violinists and received 8th chair, while Connor and Muise auditioned against around 30 other violists and received 8th and 9th chairs, respectively.



TOP: PMEA Honors Band members from Moon Area High School include Luke Campayne, clarinet; Rachel Chodikov, flute; Justin Frankeny, clarinet; Nick Giralico, french horn; Eric Homol, trombone; Emily Sayre, clarinet; Nick Seyler, tuba; and Adam Sniezek, bassoon.
BOTTOM: Katie Nan, junior; Alex Connor, senior; and Jonathon Muise, senior, participated in the PMEA Honors Orchestra.

Author Visits Elementary Schools; Shares Money Story

Floyd Stokes visited Bon Meade, Allard, and Hyde Elementary Schools on October 4 through a grant provided by West-AirComm Federal Credit Union. He's written 13 books for children featuring poetry, rhyming stories, and lessons. During his visit, Stokes shared his newest story, "We Are Money Smart," about underscoring the importance of savings accounts, investing, and creating budgets.

District to Get New School Superintendent

The Moon Area School Board appointed Curt Baker, deputy superintendent of Roanoke City Public Schools in Virginia, to replace Donna K. Milanovich, as the district's new school superintendent.

He will come to the area from an urban school district where he led the school of 13,000 students in pre-kindergarten through grade 12.

A start date has not yet been determined.

Moon Area School District

High School Student Published in Creative Writing Publication

Congratulations to Sophia Palmer, whose short story was chosen for publication in the 2013 Ralph Munn Creative Writing Anthology, which represents the work of Allegheny County high school students and is a publication of Carnegie Library of Pittsburgh. Sophia's work was selected from over 200 submissions and judged by creative writing professors, artists, and published authors. A copy of the book is available in the Moon High School Library.

High School Student Named an Outstanding 2014 Participant

High school student Stephanie Washington has been named an Outstanding Participant in the 2014 National Achievement Scholarship Program.

The National Achievement Scholarship Program is an academic competition that recognizes outstanding Black American students. To qualify, students must take the Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT®) and meet other academic requirements.

Of about 160,000 students who apply for the National Achievement Scholarship Program each year, only 4,700 are recognized. Of those 4,700, a portion are named Outstanding Participants. Those students are referred to over 1,500 four-year colleges and universities in the United States.

Seniors Named Commended Students in National Merit Scholarship Program

Two Moon Area High School seniors were named Commended Students in the 2014 National Merit Scholarship Program, Ashley Hall and Advith Govindarajan. About 34,000 Commended Students throughout the nation are being recognized for their exceptional academic promise. Although they will not continue in the 2013 competition for National Merit Scholarship awards, Commended Students placed among the top five percent of more than 1.5 million students who entered the 2014 competition by taking the 2012 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT).

High School Welcomes New Assistant Principals



Moon Area School District welcomes new high school assistant principal Mr. Lucas Furlow. Lucas Furlow, above left, joins MAHS Principal Barry Balaski and Assistant Principal Ashley Makarhevich, above right, in leading the high school. Makarhevich joined the district in August.

Our Lady of the Sacred Heart Junior Named Seton Scholar



Ashley Sitarik of Beaver was recently honored as the Ronald Wolf Seton Scholar at the 23rd annual Seton Awards ceremony, held last month in Washington, D.C. This recognition was made possible by The Maronda

Foundation's Ron Wolf, who was also honored by the National Catholic Education Association (NCEA) as one of this year's St. Elizabeth Ann Seton Award winners. Each recipient of the Seton Award has a scholarship awarded in his/her name to an outstanding Catholic school student, and the NCEA chose Our Lady of the Sacred Heart's Sitarik to receive this honor.

A high honor student, Sitarik excels in OLSH's challenging college prep curriculum – maintaining a 4.3 grade point average. She has been recognized for her academic achievements in honors English and chemistry, and plans to study math and science in college in order to pursue a career in the field of astrophysics. Ashley's extracurricular activities include membership in the National Honor Society, service as an OLSH student ambassador, participation in school musicals and plays (in lead roles), and management of the cross country team. She is also assistant director of public affairs for the OLSH student government and has participated in the Notre Dame Vision program. Ashley sings and reads at masses in her home parish, as well as at school, and volunteers for World Vision and at Youghtowne. The Seton Scholarship is valued at \$2,000.

The Seton Award is the NCEA's highest honor, given in recognition of significant contributions to Catholic education.

Founded in 1979 by Ron Wolf's father, William J. Wolf, The Maronda Foundation was established to provide experiences for youth through free use of Youghtowne, the foundation's 450-acre property in Clinton to individuals and youth groups in the Diocese of Pittsburgh. In addition, the foundation has provided more than \$25 million in scholarships to low income students pursuing Catholic education, and expanded its operations to include the Gilmary Retreat Center, which promotes the spiritual, moral, intellectual, and psychological development of Catholic youth.

Read us online! Past issues of all 3 Editions are on our Web site, www.allegenywestmagazine.com.

Parkway West Career & Technology Center

New Programs Off to a Great Start

Electrical Systems Technology is one of four construction related programs for students to explore. Students who elect to continue their education in this program will learn the basics of electrical systems, through layout, assembly, installation, wiring, maintenance, and trouble-shooting for residential, commercial, and/or light industrial locations. In addition, students will be educated on PLC's and transformers. Safety is first and foremost in this class. Adherence to the National Electric Code is emphasized as well as trade safety.

The new Veterinary Technology program teaches students how to keep proper medical records, schedule appointments, and offer client education. In addition, students will practice laboratory procedures, assist with nursing duties, prepare for surgeries, and assist during a routine exam. Students will also acquire the skills appropriate for grooming and daily care of an animal.

New Certifications Added to Existing Programs

PWCTC's Health Assistant program offers many options for future health professionals. These include CPR for health care providers, PA State Nurse Aid Registry (CNA), and Personal Care Home Direct Care Staff for first and second year students. Finally, first year senior students may take courses to earn either their Pharmacy Technician certification (CPhT) or Phlebotomy Technician certification (CPT). Juniors and seniors in the program will work with real patients at real medical sites with real professionals.

In addition, select Health Assistant and Public Safety Technology students may qualify to attend CCAC two days a week and earn college credits while attending PWCTC. The courses can be used to get a jump start on an associate's degree from CCAC or be transferred to most colleges in the region and across the state.

Students wanting to be nail technicians can enroll as a Nail Tech student through PWCTC's Cosmetology program. Students can acquire the amount of hours needed to sit for the PA State Board Licensing exam to be a certified Nail Technician. Learn basic manicures, pedicures, and nail art. Also learn to apply acrylics and know how to adhere gels.

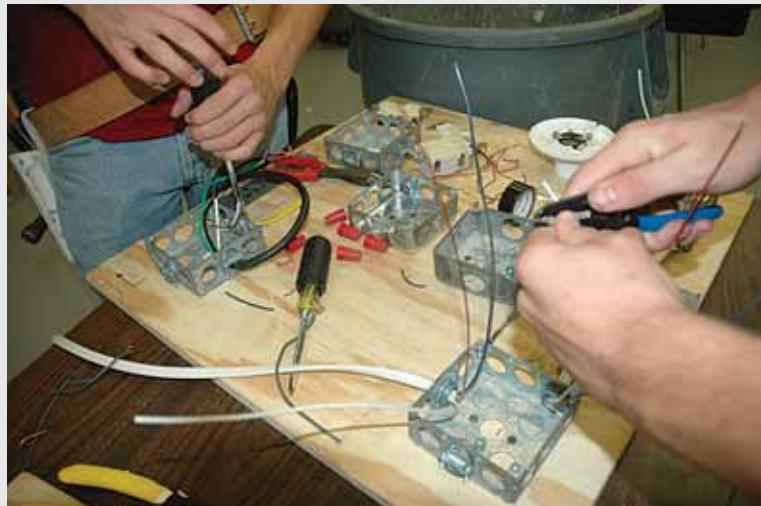
Many students have gone through PWCTC's Cosmetology program and have earned their PA Cosmetology Licensure after acquiring the needed 1,250 hours to sit for the state board exam. For an additional 500 hours, students may continue their education to acquire their Cosmetology Teacher's License, should they want to teach their profession. Should a Nail Tech student earn their licensure, they too would be eligible to teach others at a state approved school to teach students on becoming Nail Technicians.

Career Exploration Days

Career Exploration Days are set aside for visiting students to try a potential career of interest. Students from 12 sending school districts will visit two programs of their choice either on Tuesday, November 26 or on Wednesday, February 5. Visitors will have about an hour in each selected program to experience different forms of education and learn about PWCTC. Hands-on related activities are created for each of the visitors to experience. It's an excellent experience for any student as they will have the opportunity to network with industry professionals who just happen to teach their careers.

PWCTC offers industry certifications, additional scholarship opportunities, and best of all, there's no tuition cost.

Visit parkwaywest.org for more information.



New Program Under Construction NOW and Opening for Fall 2014 is Building Construction Technology. Stay tuned for more information.

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Free Home Repair 22 - 28 June 2014 APPLICATION



Workcamps are intensive one-week trips that help people grow in Christian faith through service. Youth and their Adult Leaders, from around the country, will spend one week in our community performing hands-on home-repair projects for elderly, low-income, and disabled families. The work at each home will be done by 5 young people, and at least one adult leader, representing many Christian denominations. Eligible repair projects may include:

- Porch repair/construction
- Step repair
- Exterior painting
- Interior painting
- Weatherization
- Wheelchair ramp repair/construction
- Mobile home skirting
- Roofing (Porch roofs only)

Both labor and materials are free to qualifying households. To learn how your home *might be included*, please complete this confidential application and return via email, fax or USPS to:

West Allegheny Workcamp
P.O. Box 787
Imperial PA 15126-0787
FAX #: 412.235.1737 | Info@westaworkcamp.org

Your name: _____ Daytime phone: _____

Your address: _____

City, State, ZIP: _____ Do you own your home? Yes No

Is your home within a 30-minute drive from **West Allegheny Middle School** Yes No

Directions to your home from **West Allegheny Middle School** (please be as specific as possible): _____

Describe the work you would like to have done:

Signature: _____ Date: _____

Brought to you by **West Allegheny Workcamp**, affiliated with West Allegheny Ministerial Association (a 501(c)(3) non-profit organization)

Around Your Town

CONGRESSMAN BREAKS GROUND ON NEW POST EXCHANGE

During a groundbreaking ceremony on August 29, Congressman Tim Murphy heralded the new Post Exchange being built in Moon Township as a key element in the region's growing military community. The groundbreaking was the capstone to years of work and coordination spearheaded by Rep. Murphy alongside other local leaders and military officials.

"The new PX has been years in the making, but will be worth the wait for soldiers and military retirees across the region looking for a local place to shop on a budget who would otherwise have to travel great distances," Rep. Murphy said. "During discussions with the Pentagon and Air Force, a new PX was a major difference maker in our successful effort to keep open the 911th Airlift Wing and ensure the 171st Air National Guard was on the shortlist for the new KC-46 refueling tanker."

The new Post Exchange for qualified military retirees and enlisted soldiers is the latest addition to the growing military community near Pittsburgh International Airport. The PX will be located between a new commissary and the 316th Army Reserve. A grand opening for the PX could follow as soon as June of 2014.

The groundbreaking follows years of work to replace the soon-to-be closed PX at the former C.E. Kelly base near Oakdale. In June, Congress approved the plans for a new, 11,000-square-foot Post Exchange located at McGarity Army Reserve Center. As part of the review, Rep. Murphy received a briefing about the new store from officials of the Army and Air Force Exchange Service (AAFES), a division of the Pentagon that will own and operate the new facility. The Post Exchange will feature a barbershop, retail space, and a military clothing store.

ALLEGHENY HEALTH NETWORK TO BECOME OFFICIAL MEDICAL PROVIDER OF RMU'S ATHLETIC PROGRAM

Allegheny Health Network and Robert Morris University have announced a five-year agreement making AHN the exclusive provider for the university's athletic programs.

RMU is home to 23 NCAA Division I intercollegiate athletic teams, including the only men's and women's Division I ice hockey squads in the Pittsburgh region, and the only Division I men's lacrosse team between Columbus and State College. Nearly 600 student-athletes compete in the university's athletic program each year.

Since 1990, RMU has claimed 38 Northeast Conference regular-season championships and 38 league tournament titles, including seven regular-season titles in volleyball, seven NEC Tournament championships in basketball, and six in football - the most of any conference team. According to RMU Athletic Director Craig Coleman, M.D., the success of any athletic program, particularly those competing at the highest level of college sports, often depends on the ability of its athletes to stay healthy and recover from injuries.

"Robert Morris has a long history of outstanding athletic achievements and we are deeply committed to the health and well-being of the student athletes who give so much of themselves to make the University proud," Craig said. "Allegheny Sports Medicine is a world-class healthcare provider with a notable track record of success in managing the sports medicine needs of athletes at all levels."

As the official medical provider of the Pittsburgh Pirates baseball club, Allegheny Sports Medicine has been recognized by Major League Baseball for having the best medical staff in the game. Allegheny Sports Medicine is also the official medical provider of the Pittsburgh Riverhounds soccer team, the sports medicine sponsor for the PGA Tour, and the exclusive provider of medical services for 18 Pittsburgh-area high schools.

News from the

PITTSBURGH
BOTANIC GARDEN

Peek & Preview Tours!

We are hosting public Peek & Preview Tours until our Opening Day (mid-2014). These one-hour tours will introduce visitors to the Woodland Gardens and its historic homestead front door.

Learn about the history of the area, our current work, and our future plans! Contact the Botanic Garden office for details.



New Fireplace!

The plaza adjacent to the Bayer Welcome Center is displaying its new stone fireplace. This structure helps to frame the plaza. An outdoor kitchen, the Wedding Garden and the large indoor event space complete the frame for this spacious area. The fireplace is a working one and will give respite to future cross-country skiers and other winter visitors and help to extend the season for rentals of the Welcome Center.

Annual Fund Campaign Underway!

We ask that you "pitch in" to the Annual Fund campaign. We also have a Major Gift Matching Campaign going on, seeking to raise \$1 million by the end of the year.

We have hit the half-way point and would welcome your donations, which will be doubled by a grant from the state.

The Pittsburgh Botanic Garden is transforming 460 acres of abandoned mining land—just 20 minutes west of the city—into a world-class botanic garden, including 18 distinct gardens, five diverse woodland experiences, a visitor's center, an amphitheater for outdoor concerts and performances, a celebration center to accommodate weddings and corporate events, and a center for botanic research.

For info or to volunteer, call (412) 444-4464.

On the Horizon



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Western PA Kidney Support Group, second Sunday monthly, 2:30-4:30 p.m., King's Restaurant, Imperial, (724) 796-1603.

2013-2014 West Hills Symphonic Band Season

now in its sixth season of residency at West Allegheny High School, Stewart Morgan Auditorium, free admission, **December 8**, 3 p.m., "That Christmas Feeling," **March 2**, 3 p.m., "Verdant Pathways," **May 4**, 3 p.m., "The Heart of Spring," www.whsb.org.

Listen Locally: Chamber Music Series,

Andrew Carnegie Free Library and Music Hall, **November 25**, Academy Chamber Ensemble, (music for string duo, quartet, and quintet), **February 24**, Freya Quartet (string quartet), **March 31**, Ferla-Marcinizyn Guitar Duo with contralto Daphne Alderson, **April 28**, Matt Murchison Mutiny (euphonium, flute, piano, bass, drums), (412) 276-3456.

Fridays

TGIF Airport Area Adult Social Group for AS/HF

every Friday, 7-9 p.m., Sharon Community Presbyterian Church, University Boulevard, Youth Community Center, food, fun, fellowship, Terry Doughty, (724) 457-1088 or e-mail: TGIF.ASGROUP@gmail.com.

Daily through December 15

10th Year U.S. Marine Corps Toys for Tots Drive, coordinated by the Kennedy Township Police Department, accepting new, unwrapped toys for children birth-10 years old, bring toys to Kennedy Township Police Department, 340 Forest Grade Road, daily, 7:30 a.m.-11:30 p.m., (312) 331-2408.

November 21

Moon Area AARP #3451 Covered Dish Luncheon,

11:30 a.m., Sharon Presbyterian Church, bring a table setting and covered dish (no desserts), entertainment by West Allegheny Show Choir, (412) 264-6810.

November 22

Robinson Township Christian School Dinner and Auction Fundraiser,

6 p.m., Doubletree Hotel, Moon Township, silent auction and social hour, buffet dinner, \$28, (412) 260-8584, Sheree@pitt.edu.

November 23

Greater Pittsburgh Football Officials' Association Cash Bash and Monte Carlo

Night, 6 p.m., Kennedy Fire Hall, food, drink, games of chance and more, tables reserved upon request, BYOB, mixers provided, \$20, includes two chances to win, cash prize every 15 minutes, benefits the Harry Quinn-Ralph Schorr Memorial Scholarship Fund and local high school students, (412) 787-5422.

November 24

Montour Band Spaghetti Dinner,

12 p.m.-6 p.m., Rockefeller's Grille, supports band's spring trip to New York City, takeout available, bake sale, Chinese auction, \$9, (412) 956-6222, oneone2@verizon.net.

November 25

Academy Chamber Ensemble,

7:30 p.m., Carnegie Free Library and Music Hall, performing works by Mendelssohn, Martinu, and Mozart, with conductor Warren Davidson, \$15, (412) 276-3456 x 7, www.carnegiecarnegie.org.

November 28

Community Thanksgiving Dinner,

12-5 p.m., Coraopolis United Methodist Church, the church will be providing a Thanksgiving dinner on Thanksgiving Day for individuals and families in the West Hills area in need or who want to share fellowship and friendship, free, register by November 25, (412) 264-3727, office@coraopolisumc.org.

November 29-30

First-Ever Model Train Show,

11 a.m.-5 p.m., Findlay Township Activity Center, 310 Main St., Imperial. Paul Linko, Jr., a train enthusiast for over 50 years, will share his collection of rare tracks and scenes which date from 1930-1960, also a raffle auction and bake sale, \$5 adults, \$3 children 12 and



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under and senior citizens 65+, \$10 a family, all proceeds benefit West Allegheny Food Pantry, (724) 695-0500.

December 6-15

"Nutcracker" as presented by the Carnegie Performing Arts Center, for two weekends beginning **Friday, December 6**, and ending **Sunday, December 15**, Andrew Carnegie Music Hall, 300 Beechwood Avenue, Carnegie. Performances at **8 p.m.** on Fridays and Saturdays and **2 p.m.** on Sundays, tickets at the door: \$15 adults, \$12 seniors and children, (412) 279-8887 or www.carnegieperformingartscenter.com.

December 6

Visit from Santa and Mrs. Claus, **6:30-7:30 p.m.**, Forest Grove VFD delivers Mr. and Mrs. Claus to Clever Road Park in Robinson Township with sirens blaring, (412) 788-8120.

December 6

Robinson Township Christian School presents "Charlotte's Web," **7 p.m.** Lessons of friendship, loyalty, and truth bind this story together and show that friends come in all shapes and sizes. \$7 adults, \$3 children ages 5-18, for tickets, (412) 787-5919.

December 7

Moon Township Garden Club Greens and Things Holiday Sale, **9 a.m.-1 p.m.**, Robin Hill Park, decorative holiday centerpieces, wreaths, and swags, holiday door prize, proceeds benefit garden club philanthropies, (412) 262-4719.

Moon Community Access Television offers a free, four-week television production training course for local communities. Classes begin Tuesday, **November 26**, and continue on **Tuesdays, December 3, 10, and 17** from **6:30 to 8 p.m.** in the MCA-TV studio located at 1700 Beaver Grade Road, Suite 140. Participants must complete all four classes to become a volunteer. The class is open to Moon Township residents and residents of surrounding communities looking to advance their knowledge of studio, camera, audio, and technical training. Successful completion of the course provides the opportunity to be an official MCA-TV volunteer. Active MCA-TV volunteers are given camera and studio equipment privileges as well as the opportunity to be a part of shows produced for and aired on MCA-TV.

Moon Township residents who successfully complete the course can become a community producer. Community producers provide the original and entertaining productions of MCA-TV's programming schedule. Several MCA-TV original shows have won national and state-wide awards, including "The Doctor Is In," produced by Dr. Marc Schneiderman, and "Soak it Up: A Storm Water Documentary." These award-winning shows express the evident value of community-produced programming.

Anyone interested in attending this course should contact Communications Director Alexis Sergeant at asergeant@moontwp.com or call (412) 269-1191.



December 7

Polar Express Movie Night, West Allegheny High School, **6-9 p.m.**, West Allegheny Marching Pride will show the movie, "Polar Express." Come dressed in your pajamas and slippers, bring a blanket, hot chocolate, cookies, and popcorn will be served, Santa will make an appearance at intermission when parents can visit crafter/vendor tables, \$5 child, adults free with food donation for the food pantry, (412) 527-5771, angelaandericyoder@hotmail.com.

December 14

The Sounds of Pittsburgh Chorus, Sweet Adelines International Annual Show,

7 p.m., REA Auditorium at Sewickley Academy, chorus, chorus quartets, guest quartet The Hot Air Buffoons. Women are encouraged to join for an appearance in the show singing carols, Mary Ann, (412) 279-6062.

December 15

Kennedy VFD Pancake Breakfast Fundraiser,

9 a.m.-1 p.m., Kennedy Fire Hall, French toast, sausage, and more, benefits department, visit from Santa and Mrs. Claus, face painting, fire station tours, \$7 adults, \$3 children 10 and under, (412) 787-5422.

December 15

Third Annual Holiday Pancake Breakfast and Cookie Walk, **9 a.m.-12 p.m.**, Moon High School cafeteria, hosted by the Moon Area High School

Marching Band and Orchestra, \$6 adults, \$4 children/seniors, includes pancakes, sausage, juice, coffee, \$9 large container of homemade cookies, www.moonband.org.

BUSINESS CARD ADS: \$120 - black and white, \$130 color.

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JESUS said,
Except a man be born again, he cannot see the kingdom of GOD.

John 3:3

On the Horizon

Moon Parks and Recreation Happenings

Volunteer opportunities are available for all ages and abilities at Moon Park! If you are interested in volunteering at any of our special events, contact the Moon Parks office at (412) 262-1703 or e-mail info@moonparks.org.

Health & Fitness Programs

Karate - Mondays & Wednesdays, ongoing through May 2014, 6 p.m. beginners, 7 p.m., advanced, Moon Area High School wrestling room, \$45/month Moon Area School District residents, online registration available, taught by Ken Wolf and experienced instructors.

Pilates - Adults/Teens, January 8-February 12, February 19-March 26, 8:45-9:45 a.m., Robin Hill Center, \$45 residents/\$50 non-residents per six-week session, taught by Judy Elias.

Morning Zumba - Adults/Teens, Mondays, January 6-February 10, February 17-March 24, 9:30-10:30 a.m., Robin Hill Center, \$45 Moon residents/\$50 non-residents per six-week session, taught by Neda Story.

Beginner Zumba - Adults/Teens, Mondays, January 6-February 10, February 17-March 24, 6-7 p.m., Moon Area High School fitness room, \$45 Moon residents/\$50 non-residents per six-week session, taught by Catherine Hollien.

BODYSHRED by Jillian Michaels - Adults/Teens 16+, Wednesdays, January 8-February 12, February 19-March 26, 6-6:30 p.m., Rhema Christian School, 1301 Coraopolis Heights Road, \$30 Moon residents/\$35 non-residents, taught by Neda Story.

Kardio Hip Hop - Adults/Teens 15+, Wednesdays, November 13-December 18, January 8-February 12, February 19-March 26, 6-7 p.m., Rhema Christian School, 1301 Coraopolis Heights Road, \$8 drop-in fee, discount for full six-week session: \$40 Moon residents/\$45 non-residents, taught by Kam Niskach

Totally Toned - Adults/Teens, Mondays, November 11-December 16, January 6-February 10, February 17-March 24, 7:15-8:15 p.m., Moon Area High School fitness room, \$45 Moon residents/\$50 non-residents per six-week session, taught by Karla Tobias

Yoga Basics - Ages 15+, Tuesdays, November 5-November 26, 7:30-8:30 p.m., Moon Township municipal building, \$40 Moon residents/\$45 non-residents per four-week session, taught by Bonnie Ottaviani.

Yoga Workshop for Sleep - Ages 15+, Tuesday, April 1, 7-8:30 p.m., Moon Township municipal building, \$20 Moon residents/\$25 non-residents, taught by Jen Stratakis.

Yoga: Basics and More - Tuesdays, January 7-28, February 4-25, March 4-25, 7:30-8:30 p.m., Moon Township municipal building, \$40 Moon residents/\$45 non-residents per four-week session, taught by Jen Stratakis.

Insanity Workout - Adults/Teens, Thursdays, January 9-February 13, February 20-March 27, 7:30-8:30 p.m., Moon Township municipal building, \$45 Moon residents/\$50 non-residents, taught by Neda Story.

Zumba Fitness - Adults/Teens, Tuesdays, January 7-February 11, February 18-March 25, 6:30-7:30 p.m., Robin Hill Center, \$45 Moon residents/\$50 non-residents per six-week session, \$15 discount available, call for details, taught by Marci King.

Zumba - Thursdays, January 9-February 13, February 20-March 27, 6:30-7:30 p.m., Moon Township municipal building auditorium, \$45 Moon residents/\$50 non-residents per six-week session, \$15 discount available, call for details, taught by Christie Covelli.

Art/Education

Splash - water/mixed media art classes, Adults 18+, Thursdays, January 16-March 6: various classes, call for details, Robin Hill Center, 949 Thorn Run Road, Moon Township, \$74 Moon residents, \$79 non-residents, fee does not include supplies.

Family Program

Family Nature Program with Audubon Society - All ages, Saturday, January 11 - Great Backyard Bird Count, 10-11 a.m., Coventry Log Cabin at Robin Hill Park. The Great Backyard Bird Count is an annual, four-day event that engages bird watchers of all ages in counting birds to create a real-time snapshot of where the birds are. Happening over the Presidents' Day weekend, this fun project allows participants to count birds seen at their home feeders or location of their choice. This session will cover bird identification, common birds of western Pennsylvania, and the data collection and submission process, free, register online at www.moonparks.org or call (412) 262-1703.

Driver's Education

Driver's Education - Teens, taught by Kennedy School of Driving, Tuesdays and Thursdays, February 25-March 27, 6-9 p.m., Moon Township municipal building, registration: \$25 Moon residents/\$30 non-residents, course fee: \$350, upon successful completion of the 30 hours of theory and 6 hours of in-car training, a certificate will be given that is accepted by most insurance companies. Participants must be 16 and have a learners permit for the on-the-road portion of the program.

Technology and Gaming

High Tech Learning FPS Game Design - Ages 9-13, Tuesdays, November 12-December 17, 5-6:30 p.m., Moon Township municipal building, \$110 Moon residents/\$120 non-residents, using a special program called Shootmania, students will learn how to create and edit game maps, allowing for exciting kid-friendly gameplay in non-violent environments they design.

Video Game Design - Ages 7-10, Tuesdays, November 12-December 17, 6:45-8:15 p.m., Moon Township municipal building, \$110 Moon residents/\$120 non-residents, students will learn how to use computers and specially designed software to create their very own video game. Students will follow the same process real video game designers use to create the games they play at home.

Minecraft Workshop - Ages 8-12, Wednesdays, April 2, 9, 16 or 23 (a single workshop offered 4 different times), 5-7 p.m., Robin Hill, \$30 Moon residents/\$35 non-residents, spend an evening overcoming survival and creative challenges in a Minecraft world built by Hi-Tech Learning. Workshop helps students learn how to collaborate, innovate, and problem solve while having a great time playing Minecraft and overcoming challenges designed by Hi-Tech Learning. A special server will be used that allows all students to work in one virtual world together. This workshop does not teach students how to play Minecraft. Previous experience with the program is required.

Mobile Game Design - Ages 9-13, Tuesdays, March 25-April 29, 5-6:30 p.m., Moon Township municipal building, \$110 Moon residents/\$120 non-residents, create and publish a game you and your friends can play on any mobile device. Students will use special software (Game Salad) designed to allow the creation of complex games using a visual, drag and drop interface. Once students finish their games, they will have the ability to publish them so they are available for play on iPhone, iPad, Android devices, Kindle, and Nook.

Moon Township Community Library

ADULT ACTIVITIES

Weekly Watch: "Call the Midwife"

Wednesdays in November, 6:30 p.m. Join us as we gather to watch Season 2 of "Call the Midwife" and share discussion, coffee, and light refreshments.

Adult Crafternoon: Lovely Leaf Tote Bags

Sunday, November 23, 1 p.m. Grab a friend and spend some stress-free time crafting. We're making fall-inspired tote bags this month.

CHILDREN ACTIVITIES

Pokemon Club

Thursdays at 4 p.m. It's the return of Pokemon Club! Join other die-hard fans and swap cards, battle and make new friends! Open to children in grades 2-5.

Children's Holiday Storytelling Celebration

Thursday, November 21 at 6:30 p.m. Bring a comfy pillow and curl up for an evening of tales with professional storyteller Tim Hartman! Tim is an award-winning actor, cartoonist and storyteller. We are thrilled to have him perform at Moon Township Public Library! To celebrate the holiday season, Tim will be spinning three different stories from around the world that focus on humor, kindness, and generosity. Space is limited. Register early!

TEEN ACTIVITIES

Mustache Photo Bomb Contest

Monday, November 11-Monday, November 25

We "mustache" you a question. Want a bag of books and some tickets to see "The Hunger Games: Catching Fire" when it hits theaters? Want to have some fun with mustaches? Here's your chance to earn some great prizes and have a good time. If you're in grades 6-12, register online and stop into the library to pick up your "Mustache Kit." Then go out and have some fun mustache bombing everything. Snap a pic and submit it to the library. We'll judge the best mustache bomb and choose a winner. Each contestant can submit up to three photos. This can be done via e-mail or by printing the photos and bringing them in. Send all photos to panellah@einetwork.net with Subject Line: Mustache Photo Bomb. Contest runs Monday, November 11-Monday, November 25. Winner will be notified Tuesday, November 26.

Sign Up to Receive Our Online Newsletter!

Would you like to receive library news right to your e-mail inbox? Simply sign up on the home page of our Web site.

Holiday Shopping Spree!

Moon Library & The Caring Society.com have teamed up to create a "Holiday Shopping Spree Online" for Moon Library patrons November 20 through 23, 10 a.m. to 8 p.m., to raise funds for the Moon Township Library.

Locally based Internet retailer, The Caring Society.com, is offering Moon Library patrons **Free Shipping** on all holiday gifts purchased online **plus** special sales exclusively for Moon Library customers. As a thank you for supporting the library, **free gift wrapping** on all jewelry purchases is also included.

Special sales items will include affordable luxuries of all types, including sparkling jewelry to delight those with a passion for fashion, quilted handbags that are colorful and showing up on fashion runways everywhere. Holiday items for those little gifts at the office and hand-stitched luxury quilts and Christmas throws. Both are truly heirloom quality.

The Caring Society.com will donate 20% of each purchase to support the Moon Township Library on all purchases made by Moon residents.

Click on the icon, below,
on the home page of the library's Web site to scroll through
the latest book selections!



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10 a.m.-5 p.m., Sun. 1-5 p.m.

www.moonlibrary.org

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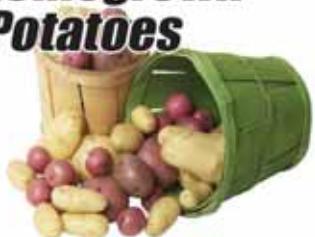
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Community Connections

MUNICIPALITIES

Crescent Township

225 Spring Run Road
Crescent, PA 15046
(724) 457-8100
www.crescenttownship.com

Moon Township

1000 Beaver Grade Road
Moon Township, PA 15108
(412) 262-1700
www.moontwp.com

PUBLIC & PRIVATE

SCHOOLS K-12

Montessori School

1627 Brodhead Road, Moon Township, PA 15108
(724) 457-5437

Moon Area School District

8353 University Boulevard, Moon Township, PA 15108
(412) 264-9440, www.masd.k12.pa.us

Our Lady of the Sacred Heart High School

1504 Woodcrest Avenue, Coraopolis, PA 15108
(412) 264-5140, www.olsh.org

Parkway West Career & Technology Center

7101 Steubenville Pike, Oakdale, PA 15071
(412) 923-1772, www.parkwaywest.org

Rhema Christian School

1301 Coraopolis Heights Road, Moon Township, PA 15108
(412) 269-9555, www.rhemachristianschool.org

This list includes only those public and private schools located within the municipalities served by the Moon Edition of Allegheny West Magazine.

CHURCHES

Church of Christ-Coraopolis

1644 State Avenue, Coraopolis, PA 15108
(412) 264-4582, www.corapolischurchofchrist.com

Coraopolis Church of the Nazarene

386 Shafer Road, Moon Township, PA 15108
(412) 264-4582, www.corapolisnazarene.org

Coraopolis UM Church

1205 Ridge Avenue, Coraopolis, PA 15108
(412) 264-3727, www.corapolisumc.org

Covenant Family Church

Meets at Courtyard Pittsburgh Marriott
(724) 263-7147, [covenantfamily.cc](http://www.covenantfamily.cc)

Faith Journey Alliance Church

1705 Beaver Grade Road, Moon Twp., PA 15108
(412) 264-7125, www.faithjourneyac.org

First Baptist Church of Coraopolis

1443 Coraopolis Hts. Road,
Moon Twp., PA 15108, (412) 264-2520
www.firstbaptistmoon.org

Genesis Church

Meets at the Doubletree Inn, Moon Township,
(412) 264-8665, www.genesischurchlife.com

Grace Lutheran Church

1798 Brodhead Road, Crescent, PA 15046
(724) 457-7470

Impact Christian Church

965 Thorn Run Road, Moon Twp., PA 15108
(412) 264-9392, www.impactchristian.com

Jehovah's Witness Assembly Hall

1630 Spring Run Road Ext.,
Moon Twp., PA 15108, (724) 457-9460

Mooncrest Baptist Church

100 Duffy Drive, Moon Twp., PA 15108
(412) 269-1472
[http://www.mooncrestbaptistchurch.com/](http://www.mooncrestbaptistchurch.com)

Mount Olive Baptist Church

1413 Fifth Avenue, Coraopolis, PA 15108
(412) 264-3125

Pathway Church

Meets at Gilmary Center, Flaugherty Run Road,
Moon Township, (724) 843-6381,
www.lifeatpathway.com

Praise Center Full Gospel Church

120 Mooncrest Drive, Moon Twp., PA 15108
(412) 299-9484

Presbyterian Church of Coraopolis

1201 Fifth Avenue, Coraopolis, PA 15108
(412) 264-0470, www.corapolispresbyterian.com

Riverdale Presbyterian Church

1555 Brodhead Road, Moon Twp., PA 15108
(724) 457-0207, www.riverdalechurch.org

Sharon Community Church

522 Carnot Road, Moon Twp., PA 15108
(412) 264-7400, www.sharoncommunitychurch.org

St. Andrew Lutheran Church

987 Beaver Grade Road, Moon Twp., PA 15108
(412) 264-4551, www.standrewmoontwp.com

St. Catherine of Sienna Church

199 McGovern Blvd., Crescent, PA 15046
(724) 457-7026, www.scatparish.com

St. Joseph Roman Catholic Church

1304 Fourth Avenue, Coraopolis, PA 15108
(412) 264-6162, <http://www.saintjosephparish.net/>

St. Margaret Mary Church

One Parish Place, Moon Twp., PA 15108
(412) 264-2573, <http://st.margaretmary.org/>

St. Philip's Church

1629 Beaver Grade Road, Moon Twp., PA 15108
(412) 264-0169, www.sphilipsonline.org

Vance Avenue Community Church

1101 Vance Avenue, Coraopolis, PA 15108
(412) 262-1030, www.vanceaveccg.com

West Hills Baptist Church

259 Shafer Road, Moon Twp., PA 15108
(412) 264-4061, www.westhillsbaptist.com

Zion Evangelical Lutheran Church

1305 State Avenue, Coraopolis, PA 15108
(412) 264-6420

COMMUNITY GROUPS

American Legion Post 924 Coraopolis, (724) 457-9709

Boy Scouts Grtr. Pgh. Council-Frontier, (412) 471-2927

Choices Pregnancy Care Center, (412) 264-0200

Coraopolis Cooperative Food Pantry, (412) 329-8247

Coraopolis Sportsmen's Assn., (412) 264-9920

Coraopolis/Moon Lion's Club, (724) 457-1612

Crescent Civit Club, (724) 457-8100

Crescent Senior Citizens, (724) 457-8100

Elks BPO #1090, (412) 264-0846

Girl Scouts, WPA, (724) 774-3553

Hollow Oak Land Trust, (412) 264-5354

MCA-TV Community Access Television, (412) 269-1191

Montour Run Watershed Association, www.mrwa.info

Montour Trail Council, (412) 257-3011

Moon Aqua Club, www.moonaquaclub.org

Moon Area Support Organization, (412) 264-9334

Moon Area AARP #3451, (412) 264-6810

Moon Area Soccer Association, moonsoccer@gmail.com

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